

Relatives of Harry
Maffox Wishoo

cbi

Welcome to... "CHILDREN IN HOSPITAL WEEK"

PLEASE VISIT OUR DISPLAY
WHICH INCLUDES FILMS, INFORMATION
LEAFLETS & DISCUSSIONS WITH

COME STRAIGHT AHEAD
THE GLASS DOOR AND
THE DOOR ON YOUR



INTERNATIONAL
YEAR OF THE CHILD

THIRTY FIFTH ANNUAL REPORT OF GOSFORD DISTRICT HOSPITAL

and THIRD ANNUAL REPORT OF CENTRAL COAST AREA HEALTH SERVICES



1978-79



Loving care and specialised equipment mean a good start for a tiny baby.

(Photo by courtesy of Central Coast Express)

Don 11/2/80

1978-1979

35th ANNUAL REPORT OF
GOSFORD DISTRICT HOSPITAL

and

3rd ANNUAL REPORT OF
CENTRAL COAST AREA HEALTH SERVICE

Incorporating:

Woy Woy Hospital
The Entrance — Long Jetty Hospital
Wyoming Hospital

Central Coast Community Health Service
Brisbane Water District Ambulance

with Statements of Receipts and Payments for the Period ended 30th June, 1979
and Balance Sheets as at that date.



Board of
Directors and Area
Health Committee

*

Hospital
Executive

*

JULY 1, 1978 to JUNE 30, 1979

CHAIRMAN:	MR R. S. NEWTON, B.A., LL.B. (to 27.11.78) MR L. E. HANNELL (from 28.11.78)
VICE-CHAIRMAN:	MRS N. WESTERWELLER (to 27.11.78) MR L. J. FENTON (from 28.11.78)
TREASURER:	MR N. A. BYRNES, F.A.P.A., F.T.I.A., A.A.I.M.
MEMBERS:	MR R. S. NEWTON, B.A., LL.B. (from 28.11.78); MRS N. WESTERWELLER, B.E.M. (from 28.11.78); MR R. W. DIBBEN; MR R. W. EDDY; MRS A. FINDLAY, M.B.E.; MR N. WALLWORK; MR L. E. HANNELL (to 27.11.78); MR L. J. FENTON (to 27.11.78)
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MEDICAL SUPERINTENDENT:	DR R. J. KENNEDY, M.B., B.S., D.P.H., D.H.A.
DIRECTOR OF NURSING:	MISS M. L. LOWNDES, R.G.N., R.M.N., R.M/Craft N., D.N.A., F.C.N.A., F.C.N.(NSW)
ASSISTANT CHIEF EXECUTIVE OFFICER:	MR D. BRIGGS, B.H.A., A.H.A.(Prov.)
CHIEF ACCOUNTANT:	MR P. COWDERY
AUDITOR:	MR B. W. O'DONOGHUE, F.C.A., A.C.I.S.A.
HONORARY SOLICITORS:	MESSRS BRENNAN & BLAIR
ARCHITECTS:	LEIGHTON IRWIN & CO. PTY LTD THOMPSON, GLENDENNING & PAUL PTY LTD
BANKERS:	COMMONWEALTH SAVINGS BANK OF AUSTRALIA RURAL BANK OF NEW SOUTH WALES

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HONORARY SURGEONS**

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ANDREWS, Dr Colin John, M.B.B.S., F.R.A.C.S.
CONNOLLY, Dr John Anthony, M.B.B.S., F.R.C.S.(Eng.), F.R.A.C.S.
DUNCAN, Dr George Craig, M.B.B.S., F.R.C.S.(Ed.)
McLELLAN, Dr George Malcolm, M.B.B.S., F.R.A.C.S.
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ARMSTRONG, Dr John Beresford, M.B.B.S.
HURLEY, Dr Raymond Neil, O.B.E., M.B.B.S.
REDDEL, Dr Arthur Edward, M.B.B.S., M.S., F.R.A.C.S., F.A.C.S.

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O'MALLEY, Dr David Frances, M.B.B.S., F.R.C.S.(Ed.)
WALKER, Dr Michael John, M.B.B.S., F.R.C.S., F.R.A.C.S.

DEPARTMENT OF OTO-RHINO-LARYNGOLOGY**HONORARY EAR, NOSE & THROAT SURGEON**

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HALL, Dr Peter, B.Sc., M.R.C.S., L.R.C.P., M.B.B.S., D.O.(Syd.), F.R.A.C.O.
MUNTZ, Dr William McLaughlin, M.B.B.S., D.O.(Vienna), D.O.(R.C.P. & S.), M.A.C.O.

DEPARTMENT OF MEDICINE**HONORARY CONSULTANT PHYSICIAN
HONORARY PHYSICIANS**

MADDOX, Sir Kempson, M.D., F.R.C.P.(Lond.), F.R.A.C.P., F.A.C.P.(Hon.), F.A.C.C.
BLISS, Dr David, F.R.A.C.P., M.B.B.S., B.Sc., B.ChE.
JEFFERY, Dr Ian Michael, M.B.B.S., M.R.C.P., F.R.A.C.P.
ROBILLIARD, Dr John, F.R.A.C.P., F.R.C.P.A.
THOMAS, Dr Mark, F.R.A.C.P.
ARNDT, Dr Douglas Vernon, M.B.B.S., D.T.M. & H., D.M. & S., F.R.A.C.G.P.
CASKA, Dr Zdenko Josef, M.D., M.B.B.S.
HARMEY, Dr Allan John, M.B.B.S.
MINOGUE, Dr Francis, M.B.B.S.
DESGRAND, Dr V. G., M.B.B.S., F.A.C.M.A.

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KEWLEY, Dr Geoffrey Douglas, M.B.B.S., M.R.C.P.(Paed.), D.C.H.

HONORARY MEDICAL STAFF

DEPARTMENT OF DERMATOLOGY HONORARY DERMATOLOGIST

CLARKE-JONES, Dr Robert, M.B.B.S., D.D.M., F.A.C.D.

DEPARTMENT OF ANAESTHESIA HONORARY ANAESTHETISTS

DICKS, Dr Ian Thomas, M.B.B.S., F.F.A.R.A.C.S.
McGUINNESS, Dr Robert Thomas, M.B.B.S., F.F.A.R.A.C.S.
SHAW, Dr Brian John, M.B.B.S., F.F.A.R.A.C.S.
TOH, Dr Theam Chye, M.B.B.S., F.F.A.R.A.C.S.
DEANER, Dr Philip Bedford, M.B.B.S., D.Obst. R.C.O.G., D.A., F.R.A.C.G.P.
REID, Dr Ian Daer, M.B., Ch.B.
RENI, Dr Henri, M.B.B.S., M.D.(Berlin)

HONORARY ASSOCIATE ANAESTHETISTS

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY HONORARY CONSULTANT OBSTETRICIAN & GYNAECOLOGIST HONORARY OBSTETRICIANS & GYNAECOLOGISTS

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CATT, Dr Malcolm Francis, M.B.B.S., M.R.C.O.G., F.A.G.O.
COLLIER, Dr Beryl, M.B.B.S., M.R.C.O.G., F.A.G.O.
HYLAND, Dr Paul Douglas, M.B.B.S., F.R.C.S.(Ed.), M.R.C.O.G.(Lond.), F.A.G.O.
MORTON, Dr David Charles, M.B.B.S., F.R.C.O.G., F.A.G.O.

HONORARY OBSTETRICIAN & GYNAECOLOGIST (VISITING) HONORARY ASSOCIATE OBSTETRICIANS & GYNAECOLOGISTS

HEWSON, Dr Alan Donald, M.B.B.S., F.R.C.O.G., F.R.C.S.(Ed.), F.A.G.O.
HARRISON, Dr Patricia Lesley, M.B.B.S., M.R.C.S., L.R.C.P., D.Obst. R.C.O.G.
MALLEY, Dr John Douglas, M.B., Ch.B., D.Obst. R.C.O.G.
TAYLOR, Dr Godfrey Unwin, M.B.B.S., D.D.M.

DEPARTMENT OF PATHOLOGY HONORARY CONSULTANT PATHOLOGIST HONORARY PATHOLOGISTS

HENDRY, Dr Peter Ian, M.B.B.S., D.C.P., F.R.C.P.A., F.C.A.P., F.A.A.C.
HAMPSON, Dr Roger, M.B.B.S., D.C.P., F.R.C.P.A.
SCHWEITZER, Dr Peter, M.B., Ch.B., F.R.C.P.A.
WHITE, Dr Kevin Hamilton, B.A., M.B.B.S., D.C.P., F.R.C.P.A.

CONSULTANT HISTOPATHOLOGIST

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LENNON, Dr Evan Austin, M.B.B.S., F.R.C.R., F.R.A.C.R.
MYLNE, Dr Graham Edward, M.B.B.S.(Syd.), D.M.R.D.(Ed.), F.R.C.P.(Canada)

DEPARTMENT OF DENTISTRY HONORARY DENTAL SURGEONS

HICKEY, Dr Francis, B.D.S.
PRYKE, Dr Lloyd, B.D.S.
SEARLE, Dr Howard Thomas, B.D.S.

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 BIGGIN, Dr Alan, M.B., Ch.B.
 BYRNES, Dr Francis, M.B.B.S.
 CLARKE, Dr John, M.B., Ch.B.
 DWYER, Dr Brian Michael, A.M., E.D., M.B.B.S.
 EARP, Dr Lesley, M.B.B.S.
 EARP, Dr Barry, M.B.B.S., D.Obst. R.C.O.G.
 FEATHER, Dr Robert Hartley, M.B.B.S.
 GUPTA, Dr Usha, M.B.B.S., D.G.O.
 GUPTA, Dr Radhey, M.B.B.S.
 HARRELL, Dr Francis, M.B.B.S., F.R.A.C.G.P.
 KWONG, Dr Andrew, M.B.B.S.
 LEE, Dr Charles, M.B., Ch.B.
 LUCAS, Dr James, M.B.B.S., D.Obst. R.C.O.G.
 McCARTHY, Dr Geoffrey Francis, M.B.B.S.
 MADSEN, Dr Henning, M.B.B.S., D.T.M. & H.
 MOHAN, Dr B. Chandra, M.B.B.S.
 RANSOM, Dr Lawrence, M.B.B.S.
 SOOY, Dr Donald, B.A., L.M.S.S.A.
 WHITEMAN, Dr Ian, M.B.B.S.
 WOOD, Dr Douglas John, M.B.B.S.

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 BICKMORE, Dr John, M.B.B.S.
 BUTLER, Dr John, M.B.B.S.
 CASKA, Dr John Plus, M.B.B.S.
 CHAUGULE, Dr Sanatkumar, M.B.B.S.
 FREEMAN, Dr Edward Alan, M.B.B.S., F.R.C.S.(Ed.)
 HARRISON, Dr John Reginald, M.B., Ch.B., M.R.C.P., D.T.M.
 JONES, Dr Peter, M.B.B.S., D.C.H., D.Obst. R.C.O.G.
 KOH, Dr Peter, M.B.B.S., F.R.C.S.(Ed.)
 LEICESTER, Dr Robert, M.A., M.B., B.Ch., M.R.C.S., L.R.C.P.
 LOW, Dr Kenneth Henry, M.B., Ch.B.
 MACPHERSON, Dr Alan John, M.R.C.P.
 O'BRIEN, Dr Francis Terence, M.B., Ch.B., D.Obst. R.C.O.G.
 PASZKOWSKI, Dr Janusz, M.B.B.S., F.R.A.C.G.P.
 PRADHAN, Dr Kishore, M.B.B.S., M.S.(Gen. Surgery)
 PRADHAN, Dr Suchita, M.B.B.S., D.A.
 SMITH, Dr Stephen Robert, M.B.B.S.

AFFILIATED GENERAL PRACTITIONER

MALA, Dr Pasupuleti, M.B.B.S.

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 CAMUS, Dr Lydia, M.D.
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 FERMANIS, Dr Tas, M.B.B.S.
 GREEN, Dr Peter Lewarn, M.B.B.S.
 JOSHI, Dr Shreekrishna, M.B.B.S., M.S., D.O.M.S.
 KHOO, Dr Teik Beng, M.B.B.S., D.Av.Med.
 KLINEBERG, Dr Bruce, M.B.B.S., F.R.A.C.G.P.
 LIAUW, Dr Timothy, M.B.B.S.
 LIM, Dr Meng-Aun, M.B.B.S. (Hong Kong),
 M.R.C.O.G.(Lond.)
 LOWNS, Dr Peter, M.R.C.S., L.R.C.P.
 MIKULA, Dr Dusan P., M.D.

MOHAMED, Dr Mohamed Abouzeid, L.R.C.P., M.R.C.S.
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 PRAGASAM, Dr Edwin Karunaraj, M.B.B.S., M.S.
 ROBARDS, Dr Graham John, M.B.B.S.
 SMEETH, Dr Peter Leslie, M.B.B.S.
 TARANTO, Dr Robert, M.B.B.S., D.Obst. R.C.O.G.
 THOMAS, Dr M. S., M.B.B.S.
 TRAYNER, Dr Robert, M.B.B.S., M.R.C.S., L.R.C.P.
 WALSH, Dr Desmond, M.B.B.S.
 WIJE-TUNGA, Dr Lucien, F.R.A.C.S.

AFFILIATED GENERAL PRACTITIONERS

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 CALOV, Dr Walter Tom, M.B.B.S.
 FALKEN, Dr Lynette, M.B., Ch.B.
 FUNG, Dr Yee Fai, B.Sc.(Princeton), M.D.(Columbia)

ADMINISTRATION

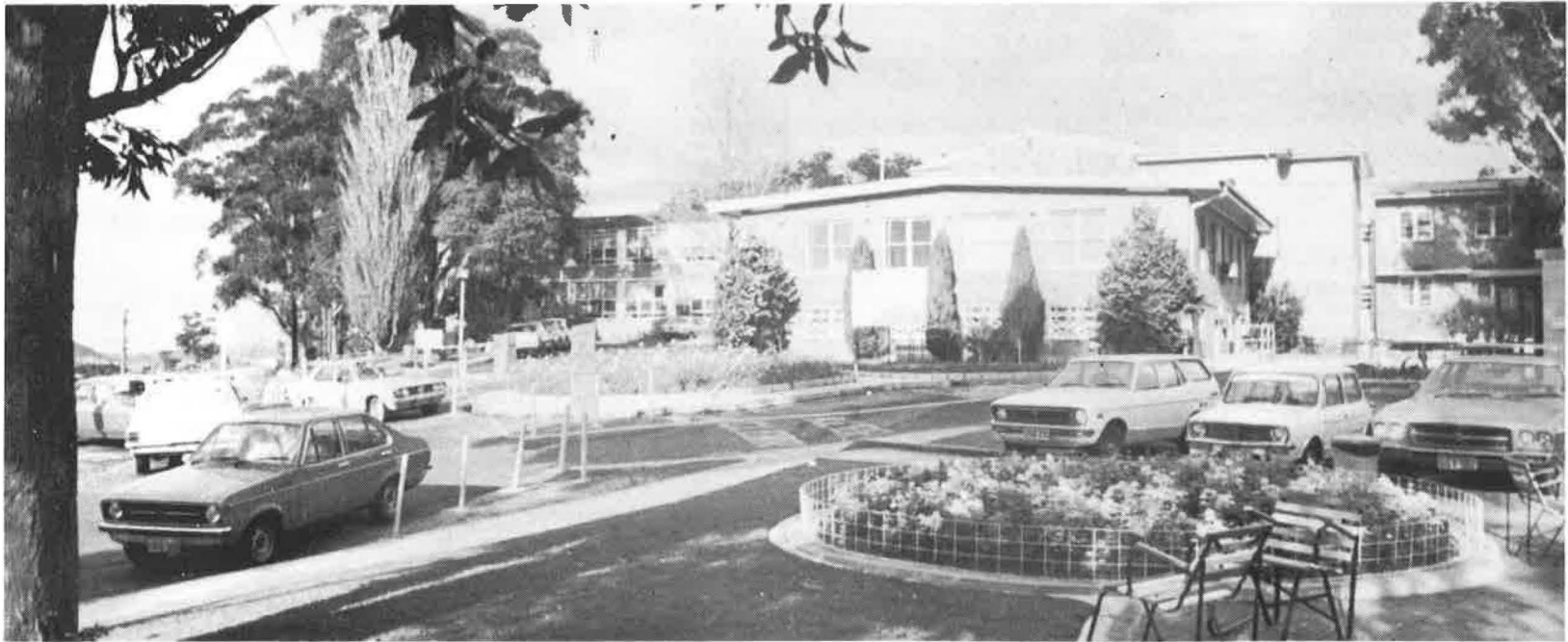
Project Manager
Executive Officer, Gosford District Hospital
Executive Officer, Woy Woy Hospital
Executive Officer, The Entrance—Long Jetty Hospital
Executive Officer, Wyoming Hospital
Executive Officer, Community Health

DEPARTMENTAL

Engineer
Catering Officer
Linen Services Manager
Librarian
Staff Supervisor (Housekeeping)
Supervisor of Voluntary Services

MR G. MOORE
 MR K. McDONALD, L.H.A., M.I.I.A.
 MR G. HYDE, L.H.A., A.F.A.I.M., M.I.A.A., F.A.P.A., F.T.I.A.
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 MR B. KINNAIRD, B.A.

MR R. BROWN, M.I.A.M.E., A.I.H.E.
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 MR L. McMULLEN, D.L.A., H.L.M.A.A.
 MRS A. BENSON, A.L.A.A.
 MRS M. PARNELL
 MRS J. BAIRD



A section of the prize-winning garden at Gosford Hospital

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Director of Rehabilitation
Director of Psychiatric Services
Director of Dental Services
Clinical Superintendent

Director of Staff/Occupational Health
Admitting Officer
Acting Registrars included:

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 DR R. HUGHES, M.B., B.S., F.R.A.C.P., F.A.C.M.A., F.A.C.R.M.
 DR M. CHAPMAN, M.B., B.S., M.R.A.N.Z.C.P., D.P.M. (R.C.P. & S.), M.R.C.Psych.
 DR A. ELLERTON, B.D.S.
 DR M. THOMAS, M.B., B.S., F.R.A.C.P. (to 26.1.79)
 DR J. GOVIND, M.B., Ch.B. (from 27.1.79)
 DR J. RICHARDSON, M.B., B.S., D.O.H., B.Sc.
 DR D. J. TIBBETTS, M.B., B.S.
 DR N. BISWAS, M.B., B.S.
 DR J. CRONIN, B.Sc., M.B., Ch.B., Dip.Obst.
 DR J. DAVIS, M.B., B.S.
 DR J. GOVIND, M.B., Ch.B. (to 26.1.79)
 DR J. GRAHAM, M.B., B.S.
 DR D. LEWIS-DRIVER, M.B., B.S., F.R.A.C.G.P.
 DR S. MURRAY, M.B., B.S.
 DR C. MARTIN, M.B., B.S.
 DR M. SCHULZ, M.B., B.Ch.
 DR J. SCHULZE, M.D. (Can.)
 DR M. TUCKER, B.Sc., M.B., Ch.B.
 DR D. WASS, M.B., B.S.
 DR J. WOODS, M.B., B.S.

• **Plus:**
and, on Secondment:

19 Resident Medical Officers
 70 Registrars, Resident Medical Officers and Interns from Royal North Shore Hospital
 4 Registrars from Royal Alexandra Hospital for Children
 1 Registrar from Prince Henry/Prince of Wales Hospital

DEPARTMENTAL

Chief Medical Technologist
Chief Radiographer
Chief Pharmacist
Chief Physiotherapist
Chief Medical Records Librarian
Chief Dietitian
Chief Occupational Therapist
Chief Speech Pathologist

Cardiopulmonary
Central Sterile Service

MR K. SWALES, A.A.I.M.T., D.M.T., F.A.C.B.S.
 MR B. Le BRETON, M.I.R., A.R.M.I.T.
 MISS M. BIGGS, Ph.C., M.P.S., M.S.H.P.A.
 MR A. BEAVIS, M.C.S.P., M.A.P.A., M.A.M.P.
 MRS B. LYNCH, M.R.L.
 MRS B. WINSTON, B.Sc., A.D.A.
 MISS M. SHAW, D.O.T.
 MRS R. ROGERS, DIP. S.T. (to 2.2.79)
 MS E. RAMSDEN, DIP. S.T., L.A.A.S.H. (from 3.2.79)
 MRS G. HILL, B.Sc.
 MRS E. STOCKTON, O.N.C.

NURSING

Deputy Director of Nursing
 Assistant Director of Nursing
 Head of School
 Deputy Head of School
 Sub-Matron, Woy Woy
 Sub-Matron, The Entrance-Long Jetty

MISS B. HARRISON, R.G.N., R.M.N., D.N.A., C.O.T.M., F.C.N.(NSW)
 MISS R. COURT, R.G.N., R.M.N., D.N.A., C.O.T.M., F.C.N.A., F.C.N.(NSW)
 MISS R. CARTER-BROWN, R.G.N., R.M.N., D.N.A., D.N.E., F.C.N.A., F.C.N.(NSW)
 MISS D. ANDERSON, R.G.N., R.M.N., D.N.E., D.N.A., B.A., F.C.N.A., F.C.N.(NSW)
 MISS S. DAY, R.G.N., R.M.N., D.N.A., M.C.N.(NSW)
 MISS P. ROGERS, R.G.N., R.M.N., C.W.M., F.C.N.(NSW)

SUPERVISORS

Wyoming Unit
 Senior Administration Reliever
 Night Duty
 Evening Duty
 Accident & Emergency Department
 Obstetric Unit
 Male Medical Unit
 Female Surgical Unit
 Operating Theatres
 Nursing Co-ordinator
 Assistant Nursing Co-ordinator
 Midwifery Co-ordinator, Wyoming
 Infection Control
 Intensive Care Units
 Nurse Planning Officer
 Senior Reliever

MISS T. VAN DER SCHOOR, R.G.N.
 MRS J. VILE, R.G.N.
 MRS T. ROBERTSON, R.G.N., C.C.C.
 MRS M. SIMPKINS, R.G.N., R.M.N.
 MRS M. BROWNE, R.G.N., R.M.N., C.W.M., M.C.N.(NSW)
 MISS G. BICKLEY, R.G.N., R.M.N., R.M/Craft N., D.N.A., M.C.N.(NSW)
 MRS B. COOPER, R.G.N.
 MISS A. MARREN, R.G.N., R.M.N.
 MRS A. ADRIAN, R.G.N., R.O.T.N.
 MISS B. FITZPATRICK, R.G.N., R.M.N., D.N.E., B.A., F.C.N.(NSW)
 MISS D. PEBERDY, R.G.N., R.M.N., O.R.N., C.C.C.
 MISS H. HOLDEN, R.G.N., R.M.N., R.M/Craft N.
 MRS J. HANINGTON, R.G.N., C.C.C.
 MISS L. MULLER, R.G.N., R.M.N., C.C.C., D.N.A., F.C.N.A.
 MRS S. COWDERY, R.G.N.
 MISS M. PALME, R.G.N., R.M.N.

CHARGE SISTERS

Orthopaedic Unit
 Male Surgical Unit
 Paediatric Unit
 Obstetric Delivery Suite
 Neo-Natal Nurseries
 Rehabilitation Unit, Woy Woy
 Medical Unit, Woy Woy
 Medical Unit, Wyoming
 Blood Bank
 Outpatients Clinic
 Mandala Clinic

MISS P. O'REGAN, R.G.N., R.M.N., C.W.M., O.N.C., M.C.N.(NSW)
 MRS B. LAWSON, R.G.N., R.M.N.
 MRS C. MOFFITT, R.G.N.
 MISS B. LOVE, R.G.N., R.M.N.
 MISS L. MORRIS, R.G.N., R.M.N., N.N.I.C.C.
 MRS M. QUICK, R.G.N.
 MRS D. BRYEN, R.G.N.
 MRS B. ELMES, R.G.N.
 MRS V. CONVY, R.G.N., R.M.N.
 MRS L. MITCHELL, R.G.N., R.M.N.
 MRS P. COBLEY, R.G.N., R.P.N.

AMBULANCE SERVICES

Superintendent
 Deputy Superintendent
 Station Officers

MR K. HERD, F.M.I.A.O.
 MR J. R. JACOBSON, A.F.A.I.M., A.I.A.O.
 MR B. N. CARROLL — Ettalong
 MR A. B. CATON — The Entrance
 MR R. HILL — Toukley
 MR B. R. McDUGALL — Wyong

COMMUNITY HEALTH

**Rehabilitation
Parent & Child Health**

**Community Nursing
Mental Health**

Environmental/Occupational Health

Speech Pathologist

**Training Officer
Health Education Officer**

Counsellors:

Youth

Drug & Alcohol

Intellectually Handicapped

DR R. HUGHES, M.B., B.S., F.R.A.C.P., F.A.C.M.A., F.A.C.R.M.

DR J. FEATHER, M.B., B.S., Paed. Psych.

DR H. MARRABLE, M.B., Ch.B., M.R.C.Psych. M.R.A.N.Z.C.P., D.C.H., D.P.M.

MRS J. ROBERTS, S.R.N., R.G.N., Cert. Community Health, R.M.N.

DR M. G. CHAPMAN, M.B.B.S., M.R.A.N.Z.C.P., D.P.M. (R.C.P. & S.), M.R.C.Psych.

DR D. SCOTT-ORR, M.B., B.S., F.R.A.N.Z.C.P., M.R.C.Psych., Dip.Psycht.

DR S. SMITH, M.B., B.S., M.R.C.Psych.

MR B. De BOER, D.P.H.I., R.S.H., C.H.I., A.A.I.H.S., R.P.N.

DR J. RICHARDSON, M.B., B.S., D.O.H., B.Sc.

MRS R. ROGERS, Dip.S.T. (to 2.2.79)

MS E. RAMSDEN, Dip.S.T., L.A.A.S.H. (from 3.2.79)

MR R. MEDER

MRS L. BARRETT, B.A.

MR D. TUTT, B.App.Sc.

MR K. TAYLOR, R.P.N.

MS M. OVERTON, R.M.R.N.



Our new Health Centre at Toukley will help to meet the health needs of that expanding district.

Chairman's Report

On behalf of the Board of Directors, I have the pleasure and the privilege of presenting the 35th Annual Report of the Gosford District Hospital combined with the 3rd Annual Report of the Central Coast Area Health Service.

An annual report has a dual purpose of recording the activities of the past year and indicating progress which it is expected to be achieved in the future period. I am sure you will be interested in the details as given in the reports of the Honorary Treasurer, the Chief Executive Officer/Area Executive Officer for Health Services, the Medical Superintendent, the Director of Nursing and the Superintendent of the Brisbane Water District Ambulance Service.

A study of all will show the comprehensive range of activities necessarily forming part of the comprehensive health service being provided on the Central Coast. If I may extract one item for emphasis, it is from the Honorary Treasurer who records that the Annual Expenditure for the year under review was \$18,473,298 including a salary and wages component of \$13,580,896.

The Board and the Committee

There have been no changes in the membership of the Board of Directors during the year. There have been changes in office bearers. Mr R. S. Newton who had been Chairman since 1974 and Mrs N. Westerweller B.E.M. who had been Vice-Chairman since 1968 both stood down. Mr L. Fenton was appointed Vice-Chairman and our long-time Honorary Treasurer, Mr N. A. Byrnes, retained that position. The involvement of the Board in the changing conditions for the provision of health care is important for the community.

There have been changes in the office bearers of the Honorary Medical Board. Dr B. J. Shaw, who has represented the Honorary Medical Board to the Board of Directors, has been replaced by Dr T. J. Vandeleur and Dr A. J. Harmey, Vice-Chairman, has been succeeded by Dr I. D. Reid. Dr D. C. Morton remains as Chairman and Dr I. T. Dicks as Secretary. The assistance of these gentlemen to the Board of Directors is most valuable and I extend my thanks for the time and effort they give.

Staff

There have been no changes in Senior Executive Staff during the year and it is to our great advantage to have the dedicated efforts of Mr Boyce, Dr Kennedy, Miss Lowndes and Mr Herd during this period of growth and change.

Appreciation

During the year under review and especially the latter part, we had much contact with the local Members of Parliament, both Federal and State, in our efforts to retain a satisfactory provision of health facilities. We thank them for readiness to assist and the vigour of their representations.

We also thank the Regional Director, Dr J. S. Lawson and his Deputy, Mr H. R. Beer for their assistance in so many ways. Their advice and assistance is much appreciated.

The Honorary Medical Staff have, as usual, made a tremendous contribution to the Hospital.

We thank also members of the Brisbane Water District Ambulance Service, the Clergy, the Police and members of the Media.

Our thanks to all the members of the voluntary organisations associated with health care on the Central Coast. The worth of their contribution is invaluable. Within the Hospitals, there are Pink Ladies, Kiosk workers and Blood Donors. Assisting the hospital are the fund-raising auxiliaries and carrying the work of health care into the Community are Day Care helpers and Meals-on-Wheels volunteers. We are most grateful for the time, effort and money they provide.

You will find later in this report a list of donations we have received during the year to a total of \$112,877.81. This is a magnificent amount and it has provided important items of equipment.

If I may forecast a substantial donation during the coming year, it is to mention that the Rotary Clubs on the Central Coast have committed themselves to a contribution towards the building of a number of motel type units in the hospital grounds for use by relatives of seriously-ill patients. It is planned that these units will be opened early in 1980.

We are fortunate in having so many of our staff prepared to involve themselves in organisations within the Hospital, which both provide a service to their fellow employees and assist in the maintenance of high morale. In particular, we commend those associated with the Credit Union, an organisation which provides an excellent service for staff and has assets of almost \$1,000,000.

Lastly, I would like to give my personal thanks to all members of the Board of

Directors. I especially thank Mr Boyce, Dr Kennedy, Miss Lowndes and Mr Herd for the help and advice I have sought so often in the past year.

General

Stage One of the new hospital adjoining the present buildings is moving towards completion. Subject to the provision of staff we should be accepting patients into these excellent facilities early in 1980. Planning is at present going forward for Stage Two but there is no indication of when building may start. Progress is being made on the Wyong Hospital which is expected to be ready about mid-1980.

There is much discussion and debate at present concerning the provision of health care within Australia and particularly New South Wales. You may be assured that the Board of Directors, very ably assisted by our senior staff, can justify the need for continuing expansion of our facilities and will make every effort to see they are provided and staffed.

The extent of community interest and involvement is of great assistance to the Board of Directors. I commend a study of the rest of this report to you as an up-to-date indication of the activities you are supporting.

L. E. HANNELL
Chairman, Board of Directors
and Area Health Committee

Pink Ladies who received recognition of their 10 years voluntary service in Central Coast Hospitals.



Chief Executive Officer's Report

Integrated Health Service

For many years it has been the philosophy of the Board of Directors that institutional and community health care should be regarded as complementary, each providing an inter-related aspect of prevention, health maintenance or treatment. It was only four years ago, however, that there was an opportunity to undertake an experiment in integration, with our hospital-based and community-based health services being brought together as a pilot scheme at the request of the Health Commission of N.S.W.

Our confidence in the success of the scheme was not shared by all, initially, but that it has proven to be an unqualified success is now a matter of history and it is gratifying that this Area is looked upon by many others as a model for the introduction and implementation of the principles and practice of integration.

With the rationalisation of staff and resources which has resulted, together with the avoidance of duplication of services and the tremendous advantage to the patient of continuity of care through the acute-to-rehabilitative stages, we have shown that the comprehensive health care which is possible in an integrated situation, such as is at present functioning on the Central Coast, is feasible, economic and beneficial to patient and provider alike.

Development

Major building projects during the year were Stage 1 of the 400 bed hospital at Gosford and Stage 1 of the 100 bed Wyong Hospital at Kanwal.

Gosford Stage 1 consists of four 30 bed wards, an Accident and Emergency Centre, Operating Theatre suite, Admission and Discharge Departments and plant areas. Progress on this project is according to schedule, with the expected completion date being the end of 1979. Equipment listings and schedules have been approved and the equipment and furnishings for the project are arriving on schedule. The builders for Stage 1 are Girvan Bros. The total cost for Stage 1 of this development is \$8,500,000.

Construction on the 50-bed Stage 1 of Wyong Hospital commenced in January 1979 and the expected date of completion is mid-1980. Total cost is expected to be in the vicinity of \$3,200,000 and local builders, Beattie & Frost Pty Ltd, were the successful tenderers. The external construction of this project is nearing completion.

Planning has commenced for Stage 2 of the Gosford development. A Developmental Brief has been prepared and, following its adoption by the Planning Committee, approval is now awaited from the Health Commission of N.S.W. to proceed to sketch plans. Work on Stage 2 is expected to involve both existing and new facilities.

The fact that our bed-stay is one of the shortest in the State, and that the growth rate in this Area is one of the highest, makes it obvious that our expansion and development has been a necessity. However, when we build a new hospital or a new department we must always be conscious that it is not the building as such which is of importance — its importance lies in the fact that it provides us with an additional avenue for service to the public and, in particular, the residents of the Central Coast.

There can be a tendency, as some hospitals grow larger and more complex to look on the hospital, with its facilities and staff, as being the prime object of its own existence. Let us, on the Central Coast, ensure that we keep our priorities in the right order and never fail to remember that the hospital, and those associated with it, are only here at all because there is a community need to be fulfilled. In the ultimate, this hospital exists and our jobs exist because of the patient. Let us never forget that the patient must be of prime importance in our scheme of things.

Rationalisation

In a bid to contain escalating costs, a programme of rationalisation of health services has been introduced throughout the State. Closure of hospital beds and cut-backs in staff are two of the accompanying economy measures which have caused widespread concern and, in assessing the respective areas for cut-backs, the task of the Health Commission has been an unenviable one.

The Commission is aware of the great need for additional hospital and health facilities and services throughout many areas of the State and, in the current climate of economics, the judicial evaluation of priorities is a difficult problem. The Minister for Health and the Health Commission of N.S.W. recognise the very specific difficulties which are faced by the Central Coast Area Health Service and which are brought about, in the main, by:

1. Our isolation from other public hospitals
2. The remarkable growth rate in our population — one of the highest in the State.
3. The very high ratio of young people, and the ratio of aged people which is double the State average. Both are groups whose health maintenance requires extra concern and attention.
4. The high accident rate due, in no small part, to the major highway which traverses our two Shires and which involves a significant number of people from outside the Central Coast, in addition to our local residents.
5. The augmentation of our population figures at holiday times.

To try to provide an adequate health service to cope with all these factors presents difficulties, but they are not insurmountable and we appreciate the fact that the local situation has been considered in the allocating of health resources to our area.

The Entrance-Long Jetty Hospital

This subsidiary hospital again showed an increase in general activity, with more physiotherapy attendances, more general outpatients and a great demand for the services of the newly-appointed welfare officer.

The length of stay in hospital rose from 5 days last year to 6.5 days per patient this year and, as a result, the occupancy rate rose by 7.5%, with bed-days 9,032 as against last year's 8,912.

In order to cope with the ever-increasing stream of outpatients, the Outpatients Treatment Ward was completely renovated, enlarged and re-equipped.

Communication has been facilitated by way of a two-way radio unit for use by medical and nursing staff. This solar-operated unit was the result of a donation by The Entrance-Long Jetty Hospital Auxiliary. The members of the Auxiliary are to be commended on their hard work and enthusiasm which have resulted in a very worthwhile donation being made to The Entrance-Long Jetty Hospital.

Woy Woy Hospital

During the past 12 months the occasions of service at Woy Woy Hospital increased by 13%, with particular areas of increase being the Emergency Medical Service, Pathology, Dietetics, Physiotherapy and Speech Therapy.

Blood Bank has been consistent and operates 2 days a week.

The Emergency Medical Service continues to operate smoothly in providing residents of the peninsula area with an effective after-hours general practitioner emergency medical service, with practically all doctors in the Woy Woy area participating in the scheme.

During the year the Rehabilitation cottage in the grounds of Woy Woy Hospital was completed and it is now used by the Occupational Therapy Department and the Community Health staff. It is primarily used by the Occupational Therapy staff in testing patients' daily living habits and it is believed that it is unique within the health services of New South Wales. The area adjacent to the Rehabilitation cottage has been re-turfed and the back grounds of the hospital have been cleared, in order to improve the appearance and to lessen the risk of bush fires.

Carpet tiles have been laid in several areas, including the foyer, and the cost of the carpet will be off-set to a large extent by the saving in cleaning fluids.

Regular discussions are held with Woy Woy and Ettalong Auxiliaries, to keep them informed on the Health Commission's programme of rationalisation of beds, development of hospitals and other activities which affect Woy Woy Hospital. Both Auxiliaries showed their usual generous support and patients have received the benefit of the funds which they have raised. Kincumber Auxiliary also provided equipment for Woy Woy Hospital, as well as for Gosford.

Pressure continues to be exerted by some Woy Woy residents for the provision of a full-scale Casualty Service at Woy Woy Hospital. It is not always understood that a full Casualty Service does not consist of just a procedures room with a doctor and nurse. A full Casualty Service requires at least a theatre, an X-ray Department, Pathology facilities and an Intensive Care Unit, together with a team of specially-trained staff in a variety of disciplines. Although the concern of the Woy Woy residents for their own locality is understandable, it must be borne in mind that Woy Woy Hospital is 9 miles from Gosford and, even if a patient comes from the Southern end of the area covered by Woy Woy Hospital, it is still only an extra 9 miles to Gosford Hospital. This distance must be viewed in the context of Gosford District Hospital and its services having to cover an area of 720 sq miles and we must question the feasibility — at this stage of development — of having two full Casualty Departments located so near to each other, when there is no other Casualty Service within the 720 sq miles of the Central Coast and no Casualty Service at all, at this stage, throughout the whole of the Wyong Shire, though that Shire has areas of heavy population concentration. The only way in which a full Casualty Service could be provided at any peripheral hospital on the Central Coast at the present time is by fragmenting the existing service at Gosford and this is a measure which would deprive the residents of the Central Coast of the first-class Casualty/Emergency service now at their disposal.

Wyoming Hospital

The Wyoming Hospital has continued its role as a Female Medical Unit and post-natal Maternity Unit during this year.

With the commissioning of the new hospital at Gosford in 1980, the role of Wyoming Hospital will change and the existing medical beds may be used to accommodate medical and surgical patients, following their acute care at Gosford.

The Maternity section will continue to accommodate post-natal patients.

A new electrical switchboard has been installed during the year. Extra power outlets and supply have allowed the hospital to be air-conditioned, thus ensuring convenient temperature control throughout all seasons.

Renovations have been made to the general office and catering areas and the programme of upgrading the hospital grounds has continued. Wyoming Hospital was awarded second prize in the Gosford Shire Garden competition.

The activity of the hospital has remained steady during the year. The Relief-of-Strain programme and the Baby Health Clinic have each consolidated their service and both have treated more clients during the year.

In staff education, in instructing patients in dealing with their illnesses, and learning to care for their babies, Wyoming has promoted the use of video-cassette equipment.

Limited paramedical services, such as physiotherapy and occupational therapy, have been provided at Wyoming Hospital and the appointment of a Welfare Officer has assisted in continuity of patients' care.

Statistics

There has been a significant increase in the total figures shown for the combined hospitals over practically the whole spectrum of services provided, but there has been a decline in the number of attendances recorded for some clinics.

I would commend to you the examination of statistics provided in the Annual Report.

You will see that once again this Area has shown an increase in the number of births (an additional 62 over the last year), while the general trend throughout the State has been a decline in the birthrate. The daily average of occupied beds has risen by 20; the number of pathology tests rose by 63,000 and X-ray examinations by over 5,000. Non-inpatient occasions of service rose by 23,000.

With regards to receipts, the ratio of patients' fees to government assistance varied little from last year and salaries and wages accounted for virtually the same percentage of expenditure as 1977-78.

For the first time, the Brisbane Water District Ambulance Service travelled over 1,000,000 kilometres in the provision of service within the space of a year. The heaviest increases were for medical/surgical inpatients and those requiring treatment as outpatients. An indication of the serious situation regarding road accidents on the Central Coast is the fact that our ambulance service has transported over 4,300 road accident victims in the year under review — an increase of more than 500 on the previous year.

The Administrative Trainee Scheme

The Administrative Trainee Scheme which is administered from Hornsby & Ku-Ring-Gai Hospital, and in which Gosford District Hospital participates, continues to provide an excellent training ground for future health administrators.

The trainees who have come to Gosford have been of a consistently high standard and the value of their "on-the-job" training in various departments throughout the hospitals is evident in the number who have trained within this Scheme and subsequently been appointed to health administration positions throughout the State.

Credit Union

In its 11th year of operation, the Staff Credit Union provides a service which in many respects is superior to that given by some larger Credit Unions.

Secured loans of up to \$8,000 are available and assets are just under \$1,000,000.

Some 70% of staff members belong to the Credit Union, with membership approaching 1000, a tribute to the standard of assistance provided and to the excellent benefits which obtain.

The Board encourages the development of the Credit Union and has provided assistance by way of larger premises to cope with expansion which is taking place, and to allow privacy for discussion with members.

Rotary Units

When seriously ill patients live some distance from the hospital this can present difficulty for the relatives, particularly in view of the extensive area which is served by this hospital. The problem is emphasised when a person from outside of the Central Coast is involved in a local car accident and needs hospital admission.

To ameliorate the inconvenience in such cases, emergency accommodation for relatives of seriously ill patients is being constructed on the Gosford site, by way of pleasant, motel-type units. The Rotary clubs of the Central Coast have combined to provide this excellent amenity, to mark the 75th year of Rotary. The thanks of all associated with the hospital, and indeed the thanks of the community, are extended to Rotary for their civic-minded gesture which made possible this excellent facility.

Patient Appreciation

As the whole purpose for the existence of the hospital is to provide patients with treatment and care of a satisfactory standard, it is gratifying to be able to report that our files hold many hundreds of unsolicited letters from patients and their relatives, indicating that we do, in the main, meet our goal in this regard.

An up-dated "Patients' Handbook" has been produced during the year and it is felt that the information contained will help the patient to feel at home more quickly, in the hospital situation. General comment has indicated that the light-hearted approach which is used in the booklet has made it easier to digest the contents.

Year of the Child

International Year of the Child has been featured throughout the health services. "Open House" was declared in Children's Ward areas, and this enabled groups of school children and members of the general community to go to Children's Ward during June, to see at first-hand the conditions and practices which prevail in an endeavour to meet the physical and emotional needs of children whilst in hospital.

Visitors were able to meet Children's Ward staff, become informed about ward routine and view the playroom which is designed to promote the development of the child and help the child to deal with stress. It also provided an opportunity for young children to see just what the children's ward of a hospital is like and, hopefully, lessen any possible apprehension about future hospitalisation.

Some 200 people inspected the Children's Ward during each day of the period nominated as "Open House Week". Most of them were school groups, though there were quite a number of mothers who brought children. "Open House" proved to be so popular that it had to be extended for a longer period than had been intended.



The best part of the day — Visiting Time.

Special displays were provided at health service facilities and parents were able to view films on childhood development, obtain information on health subjects relating to children, meet the staff of the Child Health Team and also participate in discussion groups on child health in its various aspects.

Overall, a tremendous interest was shown by the community and it was felt that we achieved the aim, which was to heighten the awareness of the community to the needs of children whilst in hospital and to inform the community of the range of child health facilities and services available.

Conclusion

Sincere thanks are extended to my Board of Directors for valuable and untiring efforts towards providing a good standard of health care. Since the presentation of my last annual report, Directors R. S. Newton and M. Westerweller both tendered their resignations from the positions of Chairman and Vice-Chairman, respectively. Both have remained as members of the Board and tribute should be paid to their tremendous contribution to the Area Health Service over the years, in both philosophical and practical terms.

During his first year of office as Chairman, Mr L. Hannell has been of great assistance through his personal involvement and guidance and he has my appreciation. It is opportune to record, also, the indebtedness of the Area Health Service to the long-term Treasurer, Mr N. A. Byrnes, whose knowledge and astute guidance in financial matters has been a contributory factor in our economic use of funds and resources.

My appreciation is extended to the Auxiliaries for their dedicated support — to the Hospital Auxiliaries which provide valuable equipment through their fund-raising efforts, to the Hospital Kiosk Auxiliary which provides an excellent service to patients, staff and visitors, to the Pink Ladies' Auxiliary whose role is in personal service to patients and to the volunteers who assist in community and day care programmes.

The Regional Director of Health, Dr J. S. Lawson, and his Deputy Mr H. R. Beer, have shown a personal interest in all facets of health care throughout the Central Coast and I wish to record my thanks for their co-operation and understanding.

In my dual role of Area Executive Officer/Chief Executive Officer I am fortunate in having an extremely capable executive staff with expertise and a sense of co-operation. This has enabled us to make significant progress in a spirit of harmony. My wholehearted thanks to Dr Kennedy, Miss Lowndes, Mr Herd and my Deputy Mr Briggs who have been a source of strength and support, individually and collectively. Departmental heads and members of their staff have maintained the high standard which we have come to expect of them, even when working under pressure, and I wish to record my thanks to them. My special gratitude is extended to my Administrative staff for their diligence and loyalty, which have sustained me in my task.

N. R. BOYCE
Chief Executive Officer



The Entrance-Long Jetty Hospital



Wyoming Hospital



Woy Woy Hospital

Medical Services Report

It is only when one deliberately takes retrospective stock of developments, Service by Service, or Department by Department, that one becomes fully aware of the dynamic state of Health Service activities on the Central Coast.

Such progress is only possible through the co-operative efforts of separate groups, each determined to fight its own cause, yet prepared to argue overall priorities in perspective, so that the common good is fostered. Our staff are now well-versed in this art. Of course there have been many occasions over the past 12 months when the best laid plans, often preceded by prolonged research and interminable meetings, have been dashed due to influences beyond our control. It seems that freezes, cutbacks, and other exigencies arising out of political deliberations or financial considerations must be accepted as a way of life, or part of the game. Nevertheless it is disappointing to have justified needs deferred or submerged because of random pendular swings of policy. It is with a view to perhaps smoothing out the highs and lows of these influences that Medical Services is actively preparing a submission to the Board of Directors, for consideration as topics for forwarding in response to the current enquiry into the efficient management of Hospitals. Despite the set-backs there is much good news and progress to report.

We have not been content to rest following the award of full accreditation to the Hospital, and much improvement has since taken place. Certain new Committees have been formed, each with a specific charter, while others have been fortified and placed on a much more authoritative and formal basis, with appropriate circulation of Minutes and Reports.

While Committees certainly are not seen as the answer to every problem, there is no doubt that as our already complex organisation grows further, there is an increasing need to bring the various facets of a problem into perspective, and to define each and every alternative before solutions are proposed. It is apparent too that wide circulation of the pontifications or resolutions of such Committees are appreciated by staff at all levels. It seems that staff are prepared to accept delay or even disappointment as long as they know where they stand and why.

It follows that other areas of communication have also received emphasis, ranging from R.M.O.'s newsletter, regular visits by Registrars to Subsidiary Hospitals, extended forecasts of training activities, regular formal assessment of R.M.O.'s, to a weekly summary of relevant correspondence received by medical administration, and which might be of interest to Departmental Heads.

Considerable energy has also been expended by either individuals with special knowledge, or by Committees, in formulating written policies on a variety of topical or contentious subjects. For example, medical administrative and technical instructions, available as a ready reference in each ward and department, contain policy directives on 98 individual topics.

The concept of the Area Health Advisory Board has continued to show merit, and achievement, and certainly from the point of view of Medical Administration has opened up a whole new field of challenges and satisfactions. There can now be little doubt that those "magic" words, brought into the Health Services vocabulary only in recent years, such as "rationalisation", "co-ordination" and "integration", are progressively being implemented by this Board. The next phase of the Board Programme will require that its present "Pilot Study" nature be promoted by formal acknowledgement as an authoritative body.

After considerable initial heartburn and perseverance, the Health Service now appears to be firmly committed to a programme of regular disaster practices. In the last few months we have exercised staff with an Internal Disaster practice and also participated, together with many other organisations, in a major external disaster practice. While both exercises proved that we certainly needed the practice, the objective has now been achieved in that we have made our mistakes, in fun as it were, and these should not recur if our own patients, staff, or the community require our assistance in the real thing. Overall, both exercises were successful, in their own right as a drill, as well as from the point of view of creating an awareness and experience for staff.

Considerable time and effort has been expended in helping draft new By-Laws and Regulations in the light of last years amendment to the Public Hospitals Act. This has been a most intriguing project, highlighted by the need for both hindsight and considerable foresight. Writing too much could have been just as hazardous as writing too little, and local circumstances, needs, expectations, and trends had all to be taken into consideration. I am deeply indebted, particularly to the executive of the Honorary Medical Board, who showed a most impressive aptitude for research and adjudication.

Library

Library facilities and services continue to grow, due largely to the efforts of the Librarian, her assistant and regular meetings of the Library Committee.

In 2 years the Library service has grown from a very small collection of books and journals, to a collection of lending and reference material which covers almost all enquiries. The accent and interest in training, shown at all levels, has been the main stimulus for acquisition of material. At this stage the main problem for the Library Committee is to rationalise the many demands for new texts or Journal subscriptions, such that an equitable cover can be provided within the finances allocated. An inter-library loan service, through the national network of libraries, is now available.

The collection is now fully catalogued and classified and access is available after hours.

Regrettably, the growth of the library has been such that additional physical accommodation is required. Perhaps when this problem is solved it will also be possible to co-locate the collections now held separately in the Medical Library, the Community Health Services Building and the Nurse Education Centre.

Donations to the library have shown a pleasing increase, and services in relation to other training aids, such as tapes and films, are now provided.

Pathology Department

This department performed 516,616 tests during the past year. This represents an increase of 63,056 in the workload.

This enormous escalation of output has been achieved through the purchase of selected items of equipment such as electronic analysers.

Five trainee Technical Officers and one trainee Scientific officer are currently attending various tertiary education colleges in Sydney and several senior staff have attended seminars or workshops as part of their ongoing post-graduate education.

The department participates in 2 quality control programmes and provides a same-day service for most requests. A large part of the increased work of this department is a reflection of the hospital's expanding ability to manage locally those complex problems which previously would have necessitated transfer to larger hospitals.

Radiology Department

During the year this Department carried out 24,861 examinations on 22,718 patients. This represents an increase of 5,116 patients and 5,246 examinations.

A new rostering system for staff has been implemented and this now provides an expanded after-hours on-duty service for the convenience and accessibility of patients.

Regular Radiological meetings are now held to foster clinical training. Storage space has also become a problem in this department and again the installation of compactus rolling shelving has provided a temporary answer.

Honorary Radiologists now provide additional cover approaching a full-time commitment and the stage is set for the introduction of new techniques and procedures. Much research and planning has gone into the difficulties and costs of provision of X-ray facilities and services at subsidiary hospitals.

A local service is now available for general radiological procedures at Woy Woy Hospital, while in the coming year it seems eminently possible that plant will be provided at Long Jetty and Wyong Hospitals.

The provision of an ultra-sound facility has also received consideration and work continues on this project.



Modern equipment in the Pathology Department.

Blood Bank

It is extremely pleasing to report that, despite physical difficulties imposed by construction work on the new Hospital, the Blood Bank is thriving. Those dedicated and remarkably determined donors who have contributed over the past 12 months have had to negotiate a temporary footpath suspended over a deep chasm. Despite having to "walk the plank", a total of 3,096 people donated 6,796 units of blood. This was sufficient to meet the increasing needs of the Central Coast.

Plans are in hand to extend the Blood Collection Centre at Long Jetty, as the numbers attending have outgrown the facilities. We are very fortunate indeed to have blood requirements met locally and we are therefore deeply indebted to our donors. As blood is such a valuable commodity, and demand is increasing, it is currently proposed to acquire additional equipment for fractionation and freezing of blood components such that specific use may be made of them.

Pharmacy

This already busy department has shown a steady increase in the number of drugs and items dispensed. Certain new drugs have shown a marked turnover as a result of clinical developments e.g. introduction of the Oncology Clinic, with the need for cytotoxic drugs. Relocation and provision of additional space for the intravenous fluid store now allows for storage of a safer reserve of all types of IV fluids, particularly to cater for emergencies.

Space has been allocated for a temporary satellite pharmacy in the new hospital, particularly for the convenience of patients attending Accident and Emergency.

Installation of a Laminar Flow Hood has opened up a whole new field of Total Parenteral nutrition and allows for a variety of fluids to be prepared under sterile conditions. Consideration is already being given to the introduction of an IV additive service. Work has commenced on a direct supply of distilled steam to Pharmacy.

Pharmacists continue to be active in the ward setting and provide advisory information services.

Cardio Pulmonary Department

Despite a static staff situation there has been a marked increase of service provided by this department. The most spectacular increase is in the area of blood gas analysis where utilisation has increased by 41%.

The department continues to maintain services to peripheral hospitals and a total of 13,000 tests were carried out over the twelve months.

New equipment in the form of a Digital Pulmonary Function Analyser and a Battery/mains ECG machine has made life somewhat easier for staff.

All staff are now fully qualified, as two members of the team gained their associateship of the Institute of Cardio Pulmonary Technology during the year.

Dietary Department

The dietitians continue individual dietary counselling services for in-patients and provide regular out-patient clinics at Woy Woy, Long Jetty, Terrigal, Toukley and Gosford.

During the year dietitians have been actively involved in community service programmes including lifestyle, weight control, diabetic education, cardiac rehabilitation and preparation for parenthood programmes. They also revised diabetic food plans and wrote a low-calorie cookbook.

In February the Dietary Department and Dental Health Education conducted a successful two-day nutrition workshop for school-age children.

It will shortly be possible to provide additional space for this department to allow further integration of Hospital and Community services and to provide more habitable accommodation for staff and patients alike.

Physiotherapy Department

Although there has been a steady increase in the number and type of services, the main emphasis recently has been on improving the quality of the services offered.

At Gosford District Hospital four Physiotherapists provide in-patient services to all wards, plus Casualty and Wyoming Hospital, while two Physiotherapists and two aides provide all out-patient services.

The Rehabilitation Unit at Woy Woy is maintained by two Physiotherapists and one aide, while one Physiotherapist and one aide provide services at Long Jetty.

Services are also provided to the East Gosford Crippled Children's School by one Physiotherapist and one aide. During the year a Physiotherapist has been tasked to provide continuity of service to Intensive Care Ward, while a Physiotherapist now attends all Orthopaedic Clinics. Outpatient occasions of service have shown a steady increase, and the introduction of rehabilitation classes at Gosford and Long Jetty now cater for the longer-term patients, thus allowing Physiotherapists to concentrate upon the more acute outpatient problems.

Fitness classes now held at the Senior Citizens' Centres at Gosford and Ettalong have been markedly successful, with up to 50 people attending a class. Similarly, the department has been participating this year in the nursing home activation programme. The recent introduction of a paediatrically-experienced Physiotherapist at the East Gosford school has facilitated integrated programmes with the Education Department and the Occupational Therapy Department, as well as enabling the provision of a consultative service to Fairhaven and the pre-school group.

Allocation of Physiotherapists to the Rehabilitation Unit has doubled in the past 12 months, while the current full-time appointment of a Physiotherapist to Long Jetty has provided much better continuity of service.

Overall, the past year has seen a consolidation of the objectives of the department.

Occupational Therapy Department

Currently there is an establishment for 7 Occupational Therapists to cover all areas of the Central Coast Health Service.

The areas covered are:

1. Administration, Cardiac Rehabilitation Programme and Out-patients.
2. Paediatrics (covering out-patients and in-patients). Patients referred for the Motor and Sensory Integrative Programme.
3. Physically handicapped children, East Gosford School, including riding for the disabled each Friday.
4. Home assessment for patients referred to Repatriation.
5. Rehabilitation of the physically disabled — Woy Woy Rehabilitation Centre.
6. Rehabilitation Workshop — assessment and retraining into work force or suitable area.
7. Community care — home assessments/home programmes throughout the Central Coast and organisation of a therapeutically orientated bowls group.

During the past 12 months the Paediatric programme has expanded, and a Therapist is carrying out special training in Sydney to provide greater expertise.

The establishment for an Occupational Therapy Aide at the Rehabilitation Unit has changed to an Occupational Therapist position and there are now two Occupational Therapists who cover the Peninsular Area as well as the Inpatient Programme.

The Rehabilitation Workshop at Showground Road is carrying out its objectives of assessing, retraining and placing clients back into employment. During the past 12 months Old Sydney Town has been used to provide employment. A Living Skills Programme has been introduced and the clients have benefited.

The number of hours provided by the Occupational Therapist at East Gosford School has been extended from 8 hours to 24 weekly, including riding for the disabled each week.

Enid Procter, Occupational Therapist In Charge, is a member of the N.S.W. Division of A.C.R.O.D. and now attends monthly meetings in Sydney.

Helen Stewart has been elected to the Executive Council of the N.S.W. Association of Occupational Therapists.

The Gosford Branch of T.A.D. (Technical Aids for the Disabled) meets each month and is processing various problems presented by Occupational Therapists and Physiotherapists on behalf of disabled adults and children in the community.

With the opening of Stage I of the Hospital in 1980 the Programmes will expand in many areas e.g.

- a. Proposed Day Hospital.
- b. In-patient treatment.
- c. Wyoming Hospital — assessments.
- d. Long Jetty Hospital — assessments.

Accident and Emergency Department

This Department is of course the "gateway" to the Hospital, and is exceptionally busy.

A variety of items of new equipment have been purchased and these, together with the adoption of specific policies, acquisition and appropriate rostering of experienced staff, implementation of a formal triage system and improved access to ancillary Diagnostic departments after-hours, have led to enhanced patient-care standards.

We have been fortunate in the past year to have two very experienced Registrars, working overlapping shifts, who have expertly supervised and trained junior staff, implemented the decisions of the Director of Accident and Emergency, and, in short, brought a new standard of clinical care to the Department.

Departmental clinical meetings are conducted and instructions on the management of specific injuries or illnesses have been developed and issued as ready references. A Poisons Cupboard is maintained, with reference material and antidotes. An excellent reference source for the identification of venomous animals has been compiled and certain public relations policies have been implemented to assist in overcoming distress, delays or misunderstanding.

A social worker is now located within the Department and a Casualty Secretary has been appointed, in order to free senior nursing and medical staff to go about their more demanding tasks.

Policies have been written in relation to procedures and services for when the Department moves into the new Hospital in the new year.

Of course, a large part of the efficiency of the Department after-hours and at weekends is the availability of senior medical staff on call, either Registrars or Honorary medical staff.

It is regrettable that so much of the injury and illness seen within the department is largely preventable. In certain areas at least, e.g. child abuse, staff are being progressively made aware of the issues involved.

Special Units

It is difficult to compress into a few words the current activities of units such as Intensive Care, Coronary Care, Delivery Suites, and Neonatal Intensive Care.

Suffice to say that each has received attention to a greater or lesser extent.

The one thing that must be mentioned however is that these are the areas that have benefited most from the goodwill of the community. I refer, of course, to the unflagging efforts of individuals, organisations and voluntary bodies regarding donations of money or equipment. This is very much appreciated and I know of many too acutely ill patients who would wish me to express their gratitude also.

Speech Pathology

Services to five sector centres and hospitals are being continued, however staff shortages necessitate reduced services, there being three full-time speech pathologist positions vacant at present.

Contact with adults occurs within the home, sector offices, nursing homes and hospitals.

Children are being seen at sector offices, in schools and at home also.

Screening of children at infants, primary and pre-school level has been carried out on request.

A survey for mothers of pre-school age children has been circulated and collected, but not yet analysed.

A seminar for pre-school teachers and interested community health staff was organised and attended. The Seminar aimed at educating staff of pre-schools to assist in more appropriate referrals.

Groups held throughout the year include language stimulation, speech stimulation and a stuttering group.

Services to the special schools exist on a consultative basis.

Education of nursing staff occurred on a regular basis at Wyong and Woy Woy Hospitals.

Education of the public, by attendance at discussion groups in Health Centres and at schools, occurred on request.

Speech Pathologists continue to support and work for improved liaison and education with other health professionals and the public.

Central Sterile Supply Department

This Department is becoming much more like a factory, particularly since the installation recently of the much-needed Hi-Vac Steriliser, at a cost of some \$50,000.

The production of packs this year has risen by some 174,000 packs to a total of 803,977.

A cabinet dryer has been installed, following a worthy donation from the Ladies Auxillary, and it is certainly a vast improvement on the clothes dryer previously used, mainly for drying anaesthetic equipment.

Inspection, sorting and folding of linen has now been transferred from C.S.S.D. to the linen service and currently two C.S.S.D. personnel are employed within the linen service upon this task.

Health Records Department

The past year has seen significant changes in this Department with the acquisition of certain advanced equipment which will prove its worth in the immediate future, particularly upon commissioning of new units. The Wang word Processor provides the facility for keeping abreast of disease and operation indexation, and eliminates much of the soul-destroying task of time-consuming manual processing. The door is now open for up-to-date research, and rapid access to statistical data for a variety of purposes, including planning.

A plastic cardwriter addressing system has also been introduced, providing for the accurate identification of patients upon admission and in wards.

The problem of storage space has been becoming ominously larger as records accumulate. A breathing space has been acquired through the installation of compact rolling storage units within the filing area. However the need for storage space is accelerating at such a rate that it is proposed to acquire another compact unit in the near future.

The nursing audit programme is in full swing and the Health Records Department has continued its involvement with Health Records service to the community through the design and implementation of new forms, the orientation of a variety of new staff, and assistance in creating a central inactive filing area for all sectors.

Conclusion

In closing I would like to record my appreciation for the sincerity, determination and socio-political perspective for which our Board of Directors is renowned. The Board sets a challenging depth and breadth to its deliberations and creates the atmosphere in which staff implement progress and change.

I have again enjoyed the satisfaction of working with the Chief Executive Officer, Director of Nursing and their respective staffs. It is particularly reassuring to know from experience that you can speak your mind, or in fact have an outright argument if necessary, with the knowledge that there will be no subsequent recriminations or ill-feelings. Open and frank exchange of information or ideas seems to be the basic ingredient for solid role relationships.

I also wish to thank my own Directors, Departmental staffs, and Medical staff both Resident and Honorary, for their energy and commitment, through the thick and thin of the past 12 months. I believe we are all looking forward to a good year in 1980, particularly when opening of the new unit will crystallise many of the hopes, needs and long-awaited plans of so many of our staff, who universally feel that their efforts were primarily directed at providing service to the Community.

R. J. KENNEDY
Medical Superintendent

Childrens' Ward has lots of toys to keep the patients happy.



but . . . sometimes home seems a bit far away.

Report of the Nursing Services

This has been another year of activity, growing pains and frustrations, which have been compensated to a great extent by the beauty and growth of our gardens and landscaped surroundings and the evidence of promised, added facilities, as Stage 1 progresses towards completion.

Our team of gardeners is to be congratulated for the efforts which have resulted in Gosford and Wyoming Hospitals being awarded the first and second prizes respectively in the special section of the recent garden competition. Patients, visitors and staff alike have appreciated and enjoyed using the improved gardens and lawns, which have converted the hospital into quite a showplace.

Although we have not opened any new patient units this year, the demands made on our Obstetric Unit, Medical, Surgical and Intensive Care areas have been felt by all staff, who are acutely aware of the professional and physical workload.

The Obstetric Unit has laboured somewhat under the strain of 1968 births over the year to June 30th. Bookings indicated we would reach 2,000, but the stork was rather tardy and made many of his deliveries too late to reach this magic figure.

Childrens' Ward has had an unusually large influx of gastro-enteritis patients, which caused a great deal of concern to many parents of small children affected, and to staff who were fully extended in coping with many very ill children, bringing their bed occupancy up to 45 at times, in a Ward geared to cope with a maximum of 30. The critical period lasted for about six weeks, but all staff were relieved that there were no fatalities.

A highlight of the Nursing Department this year was the graduation of our first group of Midwives. We believe that our Midwifery School has proved very successful, despite the usual preliminary teething troubles.

The Nursing Department, with the enthusiastic support of senior members of the education and administration staff, has continued to initiate and develop techniques which we trust are continuing to improve and evaluate our quality of patient care, safe levels of staff establishment and standards of nurse education.

I consider this an appropriate opportunity to express my sincere appreciation to all nurses who have given unstintingly and enthusiastically of their time and skills in introducing new techniques in patterns of patient care, nursing audits and patient dependency studies.

Staffing

At 30th June, 1979, our staff comprised 270 full-time and 75 part-time Registered Nurses, 26 Pupil Midwives, 192 Student Nurses and 36 full-time and 15 part-time Enrolled Nursing Aides — a total of 524 full-time and 90 part-time nursing personnel.

Winter ills again took their toll in increased sick leave, necessitating some Units working short staffed over this period, I thank staff for their understanding, and trust that patients were not unduly inconvenienced because of the increased individual workloads of some staff members.

Although there has been an enforced reduction of Student Nurse intakes throughout the State's Schools of Nursing, we have continued to recruit well and have commenced 94 students over the year in three intakes. We are being considered in relation to staffing of our new Units, early in 1980.

Retired Staff Members

Over the year, several of our senior nurses decided to make the big decision to retire, and each of these were appropriately farewelled by staff and their service to the hospital was recognised by the Board of Directors in a letter under Seal. These nurses were —

Sister Muriel Simpkins	Evening Duty Supervisor
Sister Eva Hand	Midwifery Staff
Sister Frances Smith	Midwifery Staff
Sister Joan Banks	Long Jetty Staff

Senior Appointments

Miss Deirdre Anderson	— Deputy Head of School
Sister Barbara Fitzpatrick	— Nurse Co-ordinator
Sister Dawn Peberdy	— Assistant Nurse Co-ordinator
Sister Lesley Muller	— Supervisor, Intensive Nursing Units
Sister Amanda Adrian	— Operating Theatre Supervisor
Sister Mary Palme	— Senior Relieving Sister
Sister Thelma Robertson	— Night Duty Supervisor
Sister Jocelyn Hanington	— Infection Control Sister

Patient Appreciation

We have been encouraged by the many expressions of appreciation, both verbal and written, even though the overcrowded conditions at times must contribute to some inconvenience and lack of privacy. Staff are very aware of these difficulties and commend our patients past and present, for their tolerance and understanding.

Graduation

Our 1979 Graduation Ceremony was again conducted in the Gosford High School Auditorium and we wish to record our sincere appreciation to Mr P. Feilen and his staff for their assistance.

Our guest speaker this year was Dr Robin Parsons, a distinguished nurse who holds the position of Head of the School of Nursing at the Cumberland College of Health Sciences.

This was our largest graduation to date, with 44 of our 48 General Nurses attending and 20 of our 24 Midwifery Graduands. Most of those not present were travelling or working overseas.

Almost 700 guests, families and friends attended. The Auditorium was adequate, but our hospital cafeteria really did feel the strain coping with these numbers for supper. It was a very happy and impressive ceremony and we thank all those who participated and assisted in contributing to its success.

General Nursing Course Graduands

ASTOLFI, Susan (Credit)	LEE, Dorothy (Credit)
AUBREY, Glenda	LIVERMORE, Kathy
AUSTIN, Christine (Distinction)	LUKA, Peta (Credit)
BANKS, Susan	LUMLEY, Jennifer (Credit)
BARR, Annette	McCLENAHAN, Dale
BARTELS, Gunnar (Distinction)	McEACHRAN, Janice
BLADE, Lynette (Distinction)	McNAB, Pamela
BRADLEY, Cheryl	McNAMARA, Jill
BROWN, Geoffrey (Distinction)	MADDEN, Rhonda (Distinction)
BUXTON, Anthony	MANION, Susan (Credit)
CHANT, Susan (Credit)	MASON, Robyn (Credit)
CHAPMAN, Louise (High Distinction)	MELLROSS, Jennifer
CLIFTON, Lee (High Distinction)	MILLS, Allan (Credit)
CLARK, Joanne	PASCOE, Lyndall
COUGHLAN, Beryl	PEIR, Susan (High Distinction)
FEWTRELL, Colleen	PERRIN, Dianne
FINN, Tracy	RICHARDS, Glenys (Credit)
FORDHAM, Suzanne	ROWLATT, Colin (Credit)
GALE, Jill	SCHOFIELD, Paul (Credit)
GRIMISON, Brenton	SHEPHERD, Heather
HELLIER, Margaret	TAYLOR, Susan (Credit)
HITCHENS, Roslyn (Credit)	TOFT, Karen (Credit)
HOFFMAN, Monika	VAN GRONINGEN, Enrico
JOHNSTONE, Marilyn	WHALAN, Brenda

Midwifery Nursing Course Graduands

ABERCROMBIE, Linda	McDERMID, Lynne (Credit)
ARNOLD, Valerie	MILLS, Jennifer
BATEMAN, Lynette	PARAGREEN, Kathleen (Distinction)
BROMLEY, Kathryn (Credit)	PITTMAN, Judith
CARROLL, Margaret	RUMBLE, Deborah (Credit)
CHEADLE, Jane	RICHARDS, Barbara (Credit)
CLAYTON, Maree	SEFTON, Charmaine (Credit)
FORRESTER, Joyce (Distinction)	STOKES, Patricia
HARMAN, Kerry	TANNER, Carolyn (Credit)
HENDY, Tonina (Credit)	WALKER-SMITH, Sally
HOWARD, Margaret	WOOD, Sheila
LOVELOCK, Annette (Credit)	WRIGHT, Cheryl (Distinction)

Nursing Prizes

J. F. PARR MEMORIAL PRIZE — Nurse of the Year — Lynette Blade

R. M. VAUGHAN MEMORIAL PRIZE — Highest Aggregate Marks for 3 Years — Susan Peir

DORIS PEARCE MEMORIAL PRIZE — Outstanding Junior Nurse — Graham Baty

MIDWIFERY PRIZE — Nurse of the Year — Joyce Forrester

Academic Prizes

1st Year Nursing	1st	Robyn Somerville
	2nd	Mark Kearin
2nd Year Nursing	1st	Jean Bradbury
	2nd	Margaret Bell
3rd Year Nursing	1st	Susan Peir
	2nd	Anne Humphrey
Midwifery Nursing		Cheryl Wright

Continuing Education

Inservice programmes have again been well attended and many staff members have participated in Conferences and Seminars, conducted by the Health Commission, N.S.W. College of Nursing and other professional organisations and groups.

Post Basic Courses

Community Health Nursing Associate Diploma	Sister D. Medbury (Community Health Staff)
Orthopaedic Certificate	Sister P. O'Regan
Stomal Therapy Nursing	Sister C. McGinty
Acute Care	Sisters J. Ferris, P. Kelly, B. Fitzpatrick
Acute Care (Casualty Emphasis)	Sister M. Mitchelson
Occupational Health & Radiation Control Orientation Course	Sister N. Chandler
First Line Management	Sisters S. Carpenter, B. Elmes, B. Lawson, B. Love, L. Mitchell, C. Moffitt, M. Stephenson, J. Vile
Hospital Administration Seminars	Sisters M. Browne, A. Marren

Post Graduate Studies

Miss Deirdre Anderson successfully completed her Bachelor of Arts Degree, at Newcastle University.

Overseas Study Tour

Miss Roberta Carter-Brown, Head of School, was awarded a Lions Club/Nurses Foundation Scholarship to undertake a five-week study tour to investigate Primary Nursing and other aspects of nursing care in the United States of America and Canada.

Nurse Education

Again, this year, we have been able to provide practical field work experience for nursing students undertaking post-basic tertiary courses at —

Cumberland College of Health Sciences, Lidcombe
Newcastle College of Advanced Education
The Armidale & New England College of Advanced Education

We congratulate those nurses who have this year successfully completed their 3 year General Nursing Course. It is worthy of note that over the past three years, our nursing students have accomplished 100% pass rates, although the State failure rate averages about 47%.

Our pupil midwives have been just as successful, and to date we have produced 31 Midwives.

We commend and congratulate the tutorial and clinical ward staff, who have shared the responsibility of teaching and passing on their skills to all our students.

We also wish to thank the medical and other professional lecturers, who have contributed their talents to our education programme.

Community Health Nursing

Activities in this field are also accelerating, with a total of 117,853 visits being undertaken by our Community Nurses (General) and Health Service Aides. There were 2,706 new registrations and, at June 30, 1979, there were 1,303 patients being cared for in their own homes.

Local high school students participated in "Work Experience Programmes" throughout the Hospital. The Nurse Education Centre was the venue for these students.



Our Community Nurses continue to play a leading role in life-style, health education and community supporting programmes. Of particular interest are —

- Preparation for Parenthood Classes, conducted throughout the Central Coast.
- Cancer Information & Education Service, which was a three month concentrated effort by Community Nurses, volunteers and health education officers, in conjunction with the N.S.W. Cancer Council. This included hospital clinics for women, a competition which involved school children and culminated in a display and films in the shopping centre of Gosford. At all times, during this display, a nurse was in attendance to answer the more clinical enquiries.
- Family Planning Clinics, which recommenced in January 1979. Three sisters are qualified in this area and attend the clinic with doctor on a rostered, weekly basis.
- Nursing Home Activation Programme, conducted by Sister Maureen Moore, which has been extremely successful both in gaining reassessment and rehabilitation of some inpatients, as well as stimulating the staff of these Homes to participate in education programmes.

Some of our Community Nurses have assumed added responsibilities for the community and it is noted that —

- Mrs Jane Roberts, Co-ordinator of Community Nursing Services, is the State President of the N.S.W. Branch of the Australian Council of Community Nursing. In this capacity, she has been involved in organising and speaking at several seminars and workshops on "Quality Assurance in Community Nursing" in Sydney and Canberra. Mrs Roberts has also accepted the position of Vice-Chairman of the Home Help Service.
- Sister Lucy Roubanoff has accepted the position of Assessor for Meals on Wheels.

Both these latter services are an integral support service to our Community Nursing Services, so this closer relationship will be one sure way to a better understanding of all available resources.

- Sister Pam Terrill was part of the team which arranged and conducted the "Seminar for the Separated" in October 1978, which was so successful that it is to be repeated in South Australia by Parents Without Partners Association, of which Sister Terrill is the N.S.W. Chairman. As such, she was guest speaker at the Annual General Meeting of the National Council in Canberra, in January.

In October, Mrs Roberts, Miss Carter-Brown and I were invited to Broken Hill and were flown over in a chartered Health Commission aeroplane. Mrs Roberts was the guest speaker at the Nurses Graduation Ceremony on the Friday evening and I presided over the weekend Regional Nursing Conference of the Orana & Far West Regions. The three of us presented papers on Nurse Education and Community Health Programmes. It was a most interesting weekend.

We have six General Student Nurses rotating through the Community Service for a six-week structured clinical programme. In February 1979, Mrs Roberts and Sister Celia Kennedy, a member of our teaching staff, prepared and published an article in "The Lamp" (the magazine of the N.S.W. Nurses Association), on Student Placement.

Visitors

Many visitors have spent time obtaining information about the integration of our Community Service with our Hospital. These included —

- Two Nursing Administrators from Papua/New Guinea
- A Health Administrator and Director, and member of the Division of Nursing, New Zealand
- Several Regional Nursing Officers from other Regions.

In addition, we have had visits from students on field experience from Cumberland College of Health Sciences and medical students from Sydney University. So, it is evident that our service is extremely vital and active in meeting the needs of our community, both in the clinical and educational aspects.

Other nursing staff members are involved in professional Committees and Boards at Regional and State level.

Miss Carter-Brown is currently a member of the N.S.W. Nurses Registration Board and Senior Vice President of the Council of the N.S.W. College of Nursing. In the latter capacity she has been lecturing and assisting in organising a series of Seminars in Sydney and Canberra on Quality Patient Care during the recent visit of the Orator, Dr Sue Hegyvary, Associate Dean for Nursing, Rush University, Chicago, U.S.A.

Sister Barbara Fitzpatrick and Nurse Geoff Brown represent this hospital on the Divisional Council of the N.S.W. Nurses Association.

Miss Ruth Court has been seconded on a part-time working party to investigate and introduce Patient Dependency projects, in relation to staffing establishments into hospitals in this Region.

Miss Deirdre Anderson is a member of sub-committees of the N.S.W. Nurses Education Board, considering the implications of a comprehensive basic nursing education.

My current appointment as President of the Institute of Nursing Administrators of N.S.W. and A.C.T., together with my recent appointment for a 3 year term as Chairman of the N.S.W. Nurses Education Board, has involved many State commitments, as well as my speaking at many Nurse Graduation Ceremonies, Seminars and Conferences.

Appreciation

Once again the Nursing Department sincerely thanks our Pink Ladies, our Kiosk Staff and many faithful Auxiliary members, for their wonderful enthusiasm and assistance. We are always encouraged by the consideration and support of our Chairman and Directors of the Board, and extend our appreciation also to Mr N. Boyce and Dr R. Kennedy and their staff, for their co-operation during this busy year.

Finally, on a personal note, I once again sincerely thank Miss Betty Harrison, Miss Ruth Court and Miss Roberta Carter-Brown and all nursing staff members, for their enthusiasm, loyalty and assistance in maintaining the good standard of nursing care, for which we believe this hospital is known.

MARIE L. LOWNDES
Director of Nursing

Community Health Services Report

Introduction

During the past twelve months under the management of the Area Health Advisory Board, the integration of the Health Services has progressed substantially.

The support given by the Area Hospitals towards the maintenance and expansion of services reflects the philosophy of the Area Board in the provision of a total Area Health Service.

Recognising the need for services and facilities in the rapidly expanding areas of the Wyong Shire, the construction of the Toukley Health Services Centre was approved. This facility will enable the Health Services in that community to be provided from a single health centre that is part of a total community centre.

The implementation of the Monthly Bulletin and central Programme Register has greatly assisted in the overall co-ordination and provision of information concerning the Health Service programmes.

Child Health Services

A number of preventative, assessment and therapeutic programmes have been provided by the Child Health staff. With the increase in population continuing, especially in the Wyong Shire, heavy demands have been placed on the staff for the provision of programmes such as Preparation for Parenthood and Baby Health Services.

The commencement of a Mobile Baby Health Centre service has met the needs of isolated families, with little or no transport, in the San Remo, Gwandalan, Gorokan and Mannering Park communities.

A Day Centre operating two days per week has commenced from the Holden Street Children's Cottage and now provides services for mothers having problems with babies and toddlers.

As part of the Year of the Child, a "Children in Hospital" open week was held in a combined operation involving Child Health and Ward Staff.

In conjunction with the Hospital Pink Ladies, a voluntary child-minding service for clients has been established and has proved to be an invaluable service.

Rehabilitation Services

The Woy Woy Rehabilitation Unit is now fully utilised and a "Relatives of Stroke Patients" group has been formed which provides mutual support and is used to explain the problems of stroke patients. The opening of the Rehabilitation Cottage has provided an excellent training area for the simulation of a normal living environment.

Effective liaison has been established with the Hospital for the Cardiac Rehabilitation programme and all patients who could benefit are now being referred for rehabilitation.

Social Work services have been developed within the Rehabilitation Workshop, through the presentation of a Living Skills Training programme. A Placement Officer has been established to arrange beds for all persons needing nursing home accommodation throughout the Central Coast.

The Nursing Home Liaison programme has greatly assisted in the provision of educational programmes to staff and has encouraged the implementation of problem-oriented medical records in Gosford and Wyong nursing homes. A Day Care Centre has been established in conjunction with Narara Lodge and is now providing programmes for the patients, with the support of staff and volunteers.



Central Coast Health Centres vary in appearance but provide a uniformly high standard of service.



The demand for paediatric rehabilitation services continues to exceed what we can supply with existing staff. The needs of the Crippled Children's Unit at East Gosford Primary School continue to be reviewed by the Management Committee. Liaison with Technical Aids for the Disabled continues and equipment has been completed for use at the school. The Orthotist based at the Rehabilitation Workshop has carried out repairs and modifications to the appliances of the children at the school.

Mental Health Services

The integration of the Hospital and Community Mental Health Services continues to progress through the development of common case review and new referral procedures. A structure has been developed for the support and supervision of Mental Health Community Nursing Staff, and the overall administrative policies have been revised.

Considerable support was given to a number of community agencies and voluntary organisations during the past twelve months, and close liaison with Morisset Hospital continues.

A system has been evolved for identifying clients regarded as being "at risk" and reviews will be made to ensure that these clients receive the appropriate support services to prevent further use of the in-patient facilities.

Community Nursing Services

Involvement of the General Community Nurses in preventative programmes continued at a high level during the past twelve months. These included Relaxation, Cardiac Rehabilitation, Immunisation and Preparation for Parenthood programmes in conjunction with the Child Health Nurses. Educational programmes have also been developed to provide the skills necessary for the Community Nurses to participate as instructors in the Life Style Programmes. Community Nurses were also involved in the Cancer Information and Education Service, Meals-on-Wheels, Family Planning Clinics and Dental "Brush-Ins".

The student nursing placements continues on a regular basis and from the evaluation of the programme, the objectives are being reached. Case presentations and discussions feature as an important part of the programme.

Continuing educational programmes are being held for the Community Nurses and include discussions on legal issues, anatomy and physiology, first aid, new techniques and equipment, self esteem and cancer education.

Occupational Health

During the past year there has been considerable involvement linked to recent changes in regulations and legislation. The noise legislation, requiring new standards, has led to increased demands for workplace monitoring and personal audiometry.

New requirements regarding the handling and use of pesticides have increased the scope of activities being incorporated into the pesticide testing and educational programmes.

An epidemiological study of disease patterns in meat workers has been of significant importance to the community and has involved close co-operation between local doctors, Hospital staff, the Institute of Clinical Pathology and the Division of Occupational Health.

The established educational and preventative programmes developed for industry are continuing and include the specially-designed first aid classes, which are expanding to meet the demands from industry.

Speech Pathology

Involvement in the educational and preventative services have included a seminar for pre-school teachers, screening services on request and consultative services to the special schools.

Direct services to five Health Centres and Hospitals are being continued in spite of staff shortages, and groups have been held throughout the year for language stimulation, speech stimulation, and stuttering problems.

Intellectually Handicapped Services

During the past twelve months, services to the intellectually handicapped have become more integrated since the appointment of Dr C. Vidot from Peat Island as Area Co-ordinator.

The Child Development programme has continued to grow — with a third programme commencing which enhances development through more individual attention.

The Child Assessment Service continues to be supported by the Regional Specialist Services and the demand remains high in this area.

Liaison also continues with other organisations involved in care for the intellectually handicapped, such as A.R.P., the Sub-normal Children's Welfare Association, the Education Department, Youth and Community Services and the Department of Social Security.

Health Education

Implementation of the Co-ordinated Life Style Programme has involved the training of community educators to run programmes such as Relaxation, Weight and Fitness, Self Esteem, and Parent Effectiveness Training.

Programmes which also have continued are Cancer Awareness, Play Group Discussions, Stop-Smoking and Effectiveness Training. Support has also been given to community groups in preparation and conduct of their own programmes.

Approval has been given to appoint a third general Health Education Officer to be involved in the Life Style Programmes. While a Dental Health Education Officer has been appointed to work primarily with parents and children in the Area schools.

Youth Services

The Youth Counsellor has continued to be involved with the Woy Woy Youth Cottage and the Mt Penang Training School Pre-discharge Unit Personal Development Programmes.



The Community Nurse's visit is a bright spot in the day.



The Community Health Orthotist makes sure that a new appliance is comfortable.



A display in the shopping centre for "Children in Hospital" week aimed at lessening the child's apprehension in a new situation.

The Gosford Community Youth Support Scheme project has involved significant input from the Counsellor and there are now four projects operating on the Central Coast.

Attended by teachers, ministers, volunteer workers and probation and parole staff, the Community Sex Educators' course contributed to the expertise for future involvement in youth and adult counselling.

Environmental Health Services

The Environmental Health team provided comprehensive services for residents, commerce and industry during the past year. As the community has become increasingly aware of the importance of environmental health, the demand for services in all areas increased substantially.

An immense variety of environmental health enquiries were dealt with, including pest control, land purchases, head lice, public and private water supplies and pollution of bathing areas.

Major problems dealt with included the pollution of the Avoca Beach rock pool, infectious hepatitis, gastro-enteritis and oyster food poisoning.

Effective liaison was maintained with local Councils, Community Health teams and other Government departments in dealing with many problems and enquiries on a number of other topics.

Drug and Alcohol Services

Drug education and support for other organisations and teams involved in the provision of counselling and other services were the major objectives during the past twelve months for the Drug and Alcohol Counsellors.

The School Education Seminars continued with local high schools in support of existing Personal Development Programmes and as part of the Mt Penang Training Programmes. Sessions have covered alcohol and drugs as well as fitness and relaxation.

Staff Development

Staff Development Programmes for the year involved Community Health, Hospital, Ambulance and voluntary agency staff.

The formation of the Staff Development Committee has assisted in the provision of courses specifically relevant to the needs of staff from all areas of the Service.

The range of courses and workshops included Medical Terminology, Communication Workshops, Bereavement Programmes, Audio/Visual Workshops, Legal Responsibility Seminars and Seminars for Supervisors.

Associated Services

Services provided in conjunction with the Community Health funded programmes include Marriage Guidance through the Family Life Movement, Mastectomy Rehabilitation Advisory Services, Spastic Centre Services and Handicapped Young

Adults Association programmes. Audiology Services are provided through the Commonwealth Department of Health and now include a full-time Audiologist.

The use of the Health Service Centre facilities by outside community organisations has increased significantly during the past twelve months and currently sixteen use our facilities for the provision of services and as a venue for meetings.

Health Centres

The administration, teams and specialised services are based in the Health Services Centre in Gosford and provide services to Health Centres located in areas covering the entire Central Coast. Based in the outlying area Sector Health Centres are General Community Nurses, Mental Health Nurses, Child Health Nurses and Secretarial staff. In addition to Gosford, centres are located in the following areas:

Woy Woy Peninsula — The opening of the Rehabilitation Cottage in the grounds of the Woy Woy Hospital has greatly assisted the teams based in this area. It is used for Occupational Therapy, Child Minding and Child Health Discussion Groups. The integration of Baby Health with the other health services has proved to be a major success and close liaison is maintained with the Hospital and Rehabilitation Unit.

The Entrance/Long Jetty District — The services from this Centre have continued to expand and with the fencing of the child minding area, a wider range of programmes can be offered to mothers with small children. The Frail Aged Exercise Programmes have involved the Community Fitness Educator, in conjunction with the support given by the Community Nurses.

Toukley — The new Toukley Health Centre currently being constructed will greatly add to the facilities and integrated services provided to the residents of this area.

Wyong — The services provided from this Centre are similar to those conducted at other centres. Re-organisation of the office has provided better reception facilities for clients.

Terrigal — Regular monthly meetings with the local General Practitioners have occurred in this centre and this has provided an excellent opportunity for case review and discussion.

Mangrove Mountain — This Centre is staffed by a single Sister who resides at the Centre and serves the isolated rural population. The parking area renovations have facilitated access for clinics, which include Baby Health and adult services.

In addition to the above Health Centres, Baby Health Services are provided from three C.W.A. Centres, one Council-owned facility, and one centre located at Wyoming Hospital. Services are also provided by the Mobile Health Centre.

The Day Care Services are provided from eleven venues in various centres on the Central Coast.

N. R. BOYCE
Area Executive Officer.

Ambulance Service Report

To provide an efficient Ambulance Service in an area such as the Central Coast, with an ever-increasing rate of population, it is expected that additional demands will continue to be placed upon available resources and the year 1978-79 has been no exception in this regard.

Transport

During the year a total of 36,758 people were transported by ambulance (an increase of 12.54% on the previous year) and a distance of 1,114,595 km was travelled, an increase of 22.24%.

It is interesting to note that in comparison with last years figures the percentage of increase has risen. No doubt the provision and establishment of additional medical centres, hospital facilities and treatment clinics have, and will, continue to increase the work volume of the Ambulance Service.

Although a variety of services are available locally, the inter-Metropolitan transports have continued to increase. In my report last year reference was made to a volume movement system under plan, and although I cannot report success at this stage, some progress has been made and the commencement of this system could eventuate within the next twelve months. Constant reviewing of the Ambulance Service's resources and objectives is maintained by management, to ensure that there is a balanced, area-wide cover and that priorities of planning and development of buildings and service can be established.

Finance

Although the balance sheet is produced in full later in this report, it should be known that the Services representatives, backed by advertising, have increased the number of local contributors to 47,596, an annual increase of 6.9%. The income of \$314,000 was paid locally, while a further approximate \$233,000 was paid direct to Central Headquarters, Sydney.

Buildings & Equipment

The ambulance station planned to service the Terrigal-Wamberal-Avoca areas has not eventuated, due to lack of funds. Approximately \$200,000 would be required for this project. There has, however, been progress with repairs and extensions to other areas which required less expenditure.

Toukley ambulance station has finally been completed and, although a number of problems were encountered, the end result is very satisfactory.

Extensions to the Wyong Ambulance Station have commenced and, when completed, will provide staff lunch-room, kitchen, shower room and a covered wash bay for vehicle maintenance.

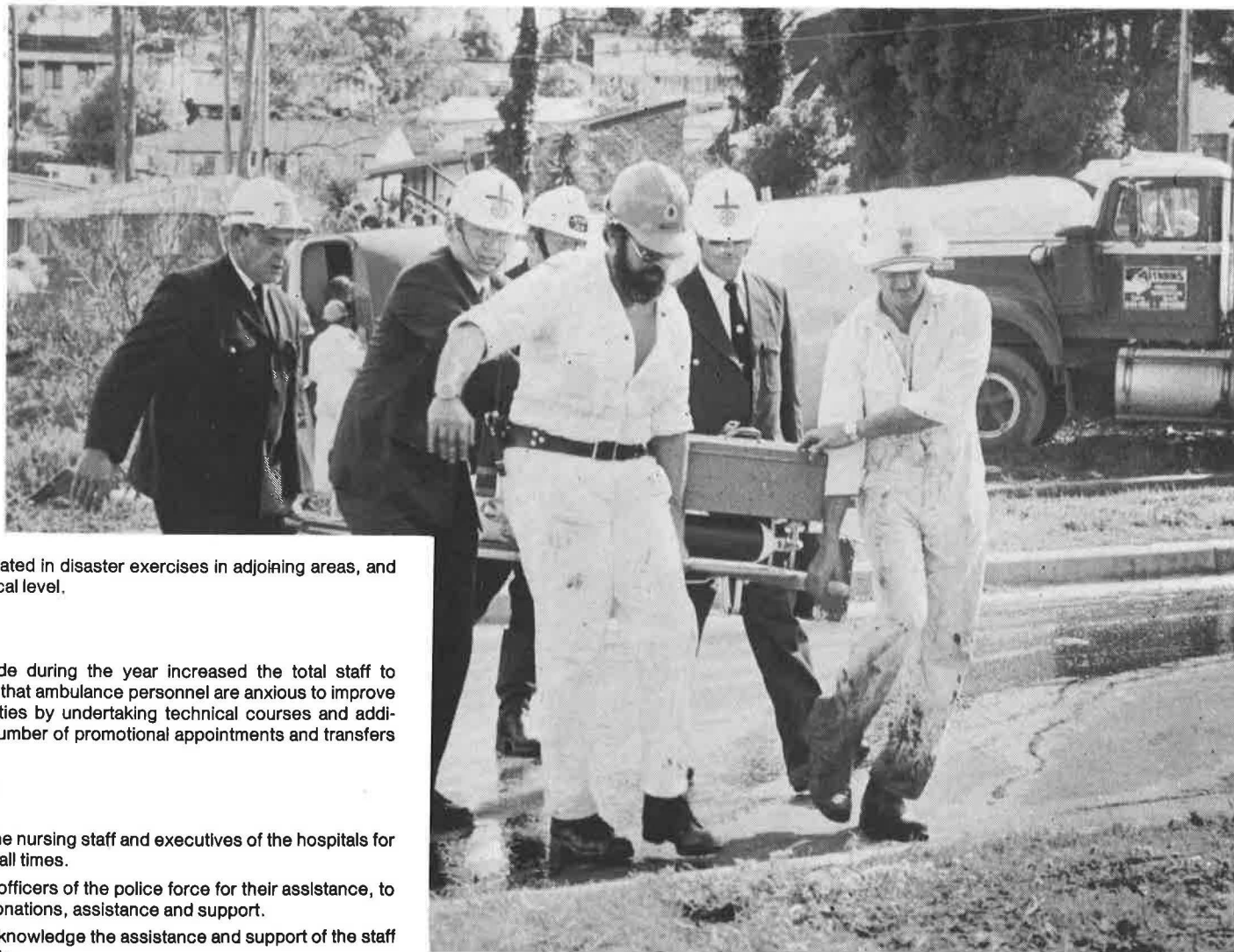
New floor coverings and office furniture were purchased for all branch stations. As is policy, the maintenance and provision of equipment for the care and comfort of patients is paramount in this field, with approximately \$15,000 worth of new equipment being purchased.

Eight new ambulances were received in the past year and the fleet now stands at thirty two. One of the older ambulances, which was to have been sold, has been repainted and fitted out as an emergency first-aid supplies vehicle. It also carries rescue equipment, lighting plant etc.

Disaster Plan

In the event of a local disaster, the ambulance staff, by way of their training and experience, would no doubt be expected to assume the major responsibility for the treatment and mass evacuation of all casualties. In keeping with State policy, the Brisbane Water Ambulance has produced a comprehensive disaster plan to follow and co-ordinate all available resources.

*"Operation Seagull" —
a disaster practice
involving an overturned
semi-trailer.*



Staff have attended and participated in disaster exercises in adjoining areas, and similar exercises are planned at local level.

Staff

Further staff appointments made during the year increased the total staff to seventy one. It is pleasing to note that ambulance personnel are anxious to improve their status and career opportunities by undertaking technical courses and additional studies. During the year a number of promotional appointments and transfers occurred.

Conclusion

I wish to express my thanks to the nursing staff and executives of the hospitals for their co-operation and courtesy at all times.

Appreciation is extended to the officers of the police force for their assistance, to clubs and organisations for their donations, assistance and support.

It is with grateful thanks that I acknowledge the assistance and support of the staff in maintaining our service standards.

K. G. HERD
Superintendent

Administrative and Service Departments

When an organisation expands as rapidly as the Central Coast Health Service, development of all aspects of its communication pattern becomes increasingly important.

Among the projects which have been undertaken this year, in order to promote such communication, are an extensive signposting programme within buildings and throughout the grounds of our hospitals and health facilities; a brochure, "Your Central Coast Area Health Service", which gives information on the services provided, method of referral, location and phone number of health facilities; "Patient Guide" — to give the patient prior knowledge of admission procedures, visiting hours, amenities available, information on how to identify the role of hospital personnel by the particular uniform worn, etc.; staff identification, by way of badges with photo, name and department; publicity, through bulletins, displays, etc. to acquaint the public with forthcoming programmes.

The Catering Department at Gosford District Hospital produces meals of an excellent standard for patients, staff, Gosford Senior Citizens' Centre and the Meals-on-Wheels Service in the vicinity of Gosford. Meals for subsidiary hospitals are prepared at the respective hospital.

During the year some 611,000 meals were served by Gosford District Hospital and its subsidiaries.

The high standard of general cleanliness maintained throughout the hospital and community health areas continues to be the subject of favourable comment by patients and visitors.

In some areas new carpet has replaced worn carpet, in other areas it has taken the place of vinyl. Economy of maintenance in carpeted areas is significant, but the most important factor is the quietness it provides in patient areas.

Hazards associated with the storage and disposal of aerosol packs, together with their environmental disadvantage, have resulted in their elimination from most uses in this hospital. To ensure that they meet the required criteria, all disinfectants used throughout the hospital are screened for effectiveness.

After 11½ years' service the Deputy Supervisor, (Housekeeping), Mrs Anne McAuliffe, has retired.

Linen Services are provided to the four-hospital complex by the Department at Gosford, with a throughput of some 924,000 kilograms this year.

The Department is currently involved in preparing linen for the Stage 1 development at Gosford. This involves the manufacture of window curtains and bed screens, as well as the purchasing and marking of general ward linen.

Investigation and evaluation is being carried out with a view to providing up-to-date equipment to replace existing machinery, as well as additional equipment to cope with future development.

In a very busy year much has been achieved by the Maintenance and Engineering Department, by way of general maintenance and new building projects.

Preventive schedules are maintained for major plant. Electrical safety checks are performed in operating theatres, intensive care unit and coronary care unit. In addition to the normal, planned maintenance programme, the department has fulfilled 8,500 written requests for maintenance jobs.

Several major building projects have been completed by the Department, including a new \$130,000 Community Health Centre at Toukley. The construction of the centre was undertaken by the hospital staff on behalf of the Health Commission.

The Boiler Plant sustained the standard that gained it commendation by the Joint Coal Board for its general condition and maintenance.

Congratulations to Mr John Ahearn, and his gardening staff, for winning first prize in the Shire Garden Competition for Gosford Hospital and second prize for Wyoming.

*Stage I (120 beds) of the proposed
400-bed development at Gosford.*



Honorary Treasurer's Report

Following a year when activity has increased (e.g. Bed Days for Inpatients up by 6.9% and Non-patient Occasions of Service up by 7.8%), whilst the level of Government assistance has decreased (by 1%), I am pleased to report that the Gosford District Hospital and its subsidiaries at Woy Woy, The Entrance-Long Jetty and Wyoming finished the year with a Net Loss of only \$6,452. This represents just 0.03% of our total payments and is a remarkable result when one considers that total expenditure was well in excess of \$18 million.

Local Income showed an increase of 28.4%, with Patients' Fees representing 80.4% of Total Local Income.

Salaries and Wages expenditure increased by 11.9%, from \$12,141,003 last year to \$13,580,896 this financial year and represents 73.5% of our total expenditure.

The Health Commission of N.S.W. has continued to monitor the financial management within hospitals and this is expected to intensify during the 1979-80 financial year.

Periodic Budget Review Meetings held at the Hospital, between Health Commission officers and our own executive staff, have provided opportunities for appropriate Budget item adjustments.

During the year the Health Commission of N.S.W. has continued to finance various projects such as Stage 1 of the 400 Bed Development at Gosford, the development of Wyong Hospital at Kanwal, air-conditioning of the Health Services Building, renovations to Medical and Nursing Administration areas, extension of Fire Services, extensions to Wyong Ambulance Station and the building of a Health Centre at Toukley.

On the statistical side I can report that the combined Hospitals' Adjusted Daily Average increased from 404.7 last year to 418.2 this year.

The Average Length of Stay at Gosford District Hospital was 4.3 days.

The number of babies born during the year was 1976, which was an increase of 62 over the previous year.

A full summary of Financial and Statistical data is included, in respect of all sections of the Area Health Service and you will note, with interest, that in general the growth of activity continued.

It is, therefore, with great pleasure that I ask you to accept this as a true and fair record of the Hospital, Central Coast Community Health Service and the Ambulance Service transactions for the year ended 30th June, 1979.

N. A. BYRNES
Treasurer

GOSFORD DISTRICT HOSPITAL AND SUBSIDIARIES

MAINTENANCE FUND

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE PERIOD ENDED 30th JUNE, 1979

	Gosford District Hospital	Woy Woy Hospital	The Entrance — Long Jetty Hospital	Wyoming Hospital
	\$	\$	\$	\$
RECEIPTS				
Patients' Fees	2266793	295322	128713	352614
Commonwealth Government Grants	102711	0	0	0
Public Contributions	0	0	0	0
Other Income	544612	5587	5818	1977
Meals and Accommodation	167876	6849	2571	5068
Government Assistance	11741695	1380680	735260	722700
TOTAL RECEIPTS	14823687	1688438	872362	1082359
PAYMENTS				
Salaries and Wages	11002095	1189382	503274	886145
Food Supplies	354870	56563	28495	45516
Drug Supplies	389701	7200	9510	5923
Payments to Visiting Medical Officers	101768	1008	59514	0
Medical and Surgical Supplies	419639	17355	5889	9755
Replacements	268854	8061	14149	7264
Fuel Light and Power	160859	30094	13646	8484
Domestic Charges	336023	60246	26797	44870
Special Service Departments	335163	162684	151934	20
Maintenance and Repairs	124350	17927	6119	4685
Administration Expenses	909635	133505	60382	72848
Additions	0	0	0	0
Superannuation	421097	0	0	0
TOTAL PAYMENTS	14824054	1684025	879709	1085510
NET LOSS	367	0	7347	3151
NET GAIN	0	4413	0	0

GOSFORD DISTRICT HOSPITAL

MAINTENANCE FUND AND SPECIAL PURPOSES TRUST FUND

BALANCE SHEETS AS AT 30TH JUNE, 1979

MAINTENANCE FUND

	Gosford District Hospital	Woy Woy Hospital	The Entrance — Long Jetty Hospital	Wyoming Hospital
	\$	\$	\$	\$
CURRENT ASSETS				
Cash on Hand	1015	360	75	100
Cash at Bank	294202	43365	17525	22340
	<u>295217</u>	<u>43725</u>	<u>17600</u>	<u>22440</u>
FIXED ASSETS				
Land and Buildings — at cost	15017690	986402	180878	39390
Plant Furniture & Equipment — at cost	1657313	210988	85323	13639
Motor Vehicles — at cost	115191	4385	3042	0
J. F. Parr Investments	1000	0	0	0
	<u>16791194</u>	<u>1201775</u>	<u>269243</u>	<u>53029</u>
TOTAL ASSETS	<u>17086411</u>	<u>1245500</u>	<u>286843</u>	<u>75469</u>
CURRENT LIABILITIES				
Repayable Subsidy Advance	293800	37850	17500	21500
Other	0	0	0	0
	<u>293800</u>	<u>37850</u>	<u>17500</u>	<u>21500</u>
NET ASSETS	<u>16792611</u>	<u>1207650</u>	<u>269343</u>	<u>53969</u>
Represented by	<u>16792611</u>	<u>1207650</u>	<u>269343</u>	<u>53969</u>
ACCUMULATED FUNDS	<u>16792611</u>	<u>1207650</u>	<u>269343</u>	<u>53969</u>

;

SPECIAL PURPOSES & TRUST FUND

FUNDS AVAILABLE

Public Contributions and Sundry Trusts	1122574	23494	27177	5208
Section 37 Loan Development	1000000	—	—	—
Accrued Salaries and Wages	303500	32215	16430	20590
	<u>2426074</u>	<u>55709</u>	<u>43607</u>	<u>25798</u>
Represented by:				
Bank	<u>2426074</u>	<u>55709</u>	<u>43607</u>	<u>25798</u>

AUDITOR'S REPORT

I have examined and audited the books, vouchers and other records of The Gosford District Hospital, Woy Woy Hospital, The Entrance-Long Jetty Hospital and Wyoming Hospital for the period to 30th June, 1979 and have obtained all the information and explanations required by me. In my opinion, the attached Balance Sheets and Statements of Receipts and Payments are properly drawn up so as to exhibit a true and fair view of the state of the Hospitals' affairs as at 30th June, 1979, according to the best of my information and the explanations given to me, and as shown by the books of the Hospitals. Other records and Registers examined by me have been properly kept in accordance with the Public Hospitals Act and Regulations.

The above figures include accrued salaries and wages at 30th June, 1979, determined on an estimated basis in accordance with Health Commission instructions. This basis does not conform to accepted accounting principles and, in my opinion, is at variance by the following amounts:

GOSFORD: \$42014, Understated

WOY WOY: \$11052, Overstated

THE ENTRANCE-LONG JETTY: \$6607, Overstated

WYOMING: \$9036, Overstated

Interest received from investment of temporary surpluses in the Gosford District Hospital Maintenance Fund (\$14,597) has been credited to the Special Purposes and Trusts Fund (Circular 76/37) of that Hospital.

B. W. O'Donoghue, Chartered Accountant.
Registered under the Public Accountants'
Registration Act, 1945, as amended.

**CENTRAL COAST COMMUNITY HEALTH SERVICES
MAINTENANCE FUND**

**STATEMENT OF RECEIPTS AND PAYMENTS FOR 12 MONTHS ENDED
30TH JUNE, 1979**

RECEIPTS

Subsidy	365388
Increase in Advance	10000
Miscellaneous	4402
Total Receipts	<u>379790</u>

PAYMENTS

Salaries and Wages	90541
Motor Vehicle Expenses and Renewals	59089
Repairs, Maintenance, Renewals	53158
Cleaning	5398
Administration Expenses	154513
Fuel, Light, Power	6756
Total Payments	<u>369455</u>
ADD: Excess Receipts	<u>10335</u>
TOTAL	<u>379790</u>

Note: The Statement above does not include payments made by the Northern Metropolitan Regional Office direct, which totalled \$727,900.

BALANCE SHEET AS AT 30TH JUNE, 1979

Current Assets

Cash on Hand	250
Cash at Bank	34383
Total Assets	<u>34633</u>

Represented by

Accumulation Fund	<u>34633</u>
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COMMUNITY HEALTH STATISTICS

	1978	1979
Occasions of Service:		
Community Nursing	115,316	117,853
Child Health	54,336	71,865
Rehabilitation	52,859	38,967
Mental Health	9,219	12,484
	<u>231,730</u>	<u>241,169</u>

Note: Community Health statistics are also included in the Hospital statistics, where appropriate.

AUDITOR'S REPORT

I have examined and audited the books, vouchers and other records maintained at Gosford of The Central Coast Community Health Services for the year ended 30th June 1979 and have obtained all the information and explanations required by me. In my opinion, the attached Balance Sheet and Statement of Receipts and Payments are properly drawn up so as to exhibit a true and fair view of the state of the Services' affairs as at 30th June, 1979 according to the best of my information and explanations given to me and as shown by the books of the service.

Other records required to be kept have been kept properly in accordance with the Public Hospitals Act and Regulations.

B. W. O'Donoghue, Chartered Accountant.
Registered under the Public Accountants'
Registration Act 1945 as amended.



The local community shows its support in many ways.

Top left: Personalities from local radio station 2GO present a cake and gifts during "Children in Hospital" week.

Top right: Fifty-four senior students from The Entrance High School donated blood at The Entrance-Long Jetty Hospital Blood Bank.

Bottom left: Rotary Lodge — A combined project of the Rotary Clubs of the Central Coast and Gosford District Hospital to commemorate the 75th Anniversary of Rotary.

(Photo by courtesy of Central Coast Express)

**BRISBANE WATER DISTRICT AMBULANCE
DEPOSIT ACCOUNT AND ADVANCE ACCOUNT**

BALANCE SHEET AS AT 30TH JUNE, 1979

	\$
CURRENT ASSETS	
Cash on Hand	120
Cash at Bank	14780
TOTAL ASSETS	<u>14900</u>
CURRENT LIABILITIES	
Repayable Subsidy Advance	15000
NET LIABILITIES	<u>100</u>
REPRESENTED BY:	
Excess of Payments over Receipts	22142
Amount transferred to Head Office	1072759
	<u>1094901</u>
Less: Recoup received from Head Office	1094801
NET DEFICIENCY IN RECOUPMENTS	<u>100</u>

*The new-style ambulances feature
reflective bands for easier
identification in poor visibility.*

**STATEMENT OF RECEIPTS AND PAYMENTS FOR 12 MONTHS ENDED
30TH JUNE, 1979**

	\$
RECEIPTS	
Fees Collected	753570
Contributions	314395
Donations	320
Other	4374
TOTAL RECEIPTS	<u>1072659</u>
PAYMENTS	
Salaries and Wages	925856
Motor Vehicle Expenses	83958
Repairs and Maintenance of Buildings	24000
Administration Expenses	60987
TOTAL PAYMENTS	<u>1094801</u>
EXCESS OF PAYMENTS OVER RECEIPTS	<u>22142</u>



BRISBANE WATER DISTRICT AMBULANCE

SUMMARY OF PATIENT TRANSPORT

	1975	1976	1977	1978	1979
CASUALTY	2388	2670	2861	3818	4342
MEDICAL & SURGICAL (inpatients)	6210	6642	6730	7671	7359
CONVALESCENT	3651	4371	5058	5087	4565
TREATMENT (outpatients)	12425	13046	13892	15796	19459
MISCELLANEOUS	434	555	411	291	1033
	25108	27284	28952	32663	36758

SUMMARY OF KILOMETRES TRAVELLED

	1975	1976	1977	1978	1979
CASUALTY	35825	65560	80490	111130	119288
MEDICAL & SURGICAL (inpatients)	165294	232435	250848	261375	361527
CONVALESCENT	109752	89038	108274	134392	135308
TREATMENT (outpatients)	344968	292822	337871	391996	482964
MISCELLANEOUS	25371	20347	8136	12894	15508
	681210	700202	785619	911787	1114595

AUDITOR'S REPORT

I have examined and audited the books, vouchers and other records maintained at Point Clare of the Brisbane Water District Ambulance Service for the year ended 30th June 1979 and have obtained all the information and explanations required by me. In my opinion, the attached Balance Sheet and Statement of Receipts and Payments are properly drawn up so as to exhibit a true and fair view of the state of the Services' affairs as at 30th June, 1979 according to the best of my information and explanations given to me and as shown by the books and records of the Service.

B. W. O'Donoghue, Chartered Accountant,
Registered under the Public Accountants'
Registration Act 1945, as amended.

AVERAGE KILOMETRES PER TRANSPORT

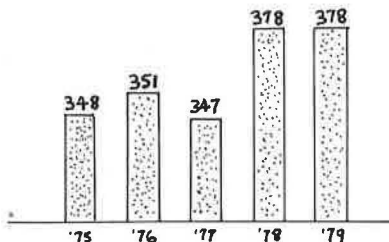
	1977-1978	1978-1979
Casualty	29.10 klms	27.47 klms
Medical & Surgical	34.07 klms	49.13 klms
Convalescent	26.41 klms	29.64 klms
Treatment	24.81 klms	24.82 klms
Average Kilometre per case	27.91 klms	30.32 klms
Average number of accident patients per week	73.42	83.5
Average number of transport cases per week	628.13	706.88
Increase in total cases for year	3420	4095
Percentage increase in total cases for year	11.81%	12.54%
Average number of klms travelled per week	17534.36 klms	21434.52 klms
Percentage increase in total klms for year	16.05%	22.24%

STATISTICAL SUMMARY

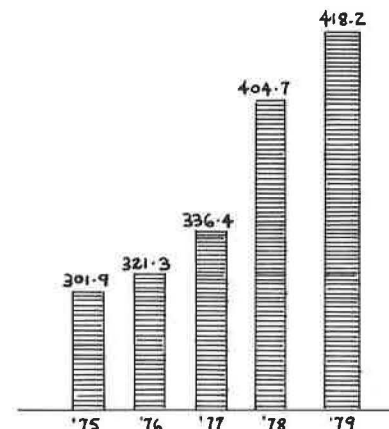
	1975	1976	1977	1978	1979		1975	1976	1977	1978	1979
WOY WOY HOSPITAL						GOSFORD DISTRICT HOSPITAL					
Total beds available	64	64	63	63	63	Total beds available	200	200	198	228	228
Total in-patients treated	1025	1258	1517	1538	1518	Total inpatients treated	13288	13669	14785	16081	17116
Daily average occupied beds	29.6	35.3	43.3	47.0	47.0	Babies born during the year	1751	1745	1860	1914	1976
Adjusted daily average	34.8	42.6	52.9	58.3	58.6	Daily average of occupied beds	161.6	153.3	156.6	179.3	200.1
Average stay of inpatients	10.6	10.1	10.6	11.1	11.3	Adjusted daily average	208.8	217.3	218.4	274.5	284.9
Bed days for inpatients	10825	12721	16123	17149	17172	Average stay of inpatients (days)	4.4	4.0	3.9	4.1	4.3
Registered non-inpatients	3665	5111	6713	7912	8115	Bed days of inpatients	58984	55188	59940	65429	73049
Non-inpatient occasions of service	5163	12000	13184	19153	21707	Operations	6140	6213	7651	6528	6583
Occupational therapy attendances	0	37	88	116	146	Registered non-inpatients	32634	44793	43229	66609	59357
Blood bank attendances	0	227	949	933	1169	Non-inpatient occasions of service	128320	139037	159447	270119	275236
THE ENTRANCE — LONG JETTY HOSPITAL						Domiciliary Nursing Visits					
Total beds available	29	32	32	33	33	Blood bank attendances	3832	4328	4010	4203	4608
Total in-patients treated	1079	1129	1479	1522	1394	Surgical clinic attendances	1937	704	487	456	380
Daily average occupied beds	19.5	18.8	21.9	24.4	24.8	Obstetric/Gynaecology clinic attendances	1924	1111	611	1655	2033
Adjusted daily average	21.1	20.7	24.9	30.0	33.0	Psychiatric clinic attendances	167	38	0	0	0
Average stay of inpatients	6.6	6.0	5.5	5.8	6.5	Ophthalmology clinic attendances	323	70	0	0	0
Bed days of inpatients	7104	6775	8097	8912	9032	Medical clinic attendances	3218	2543	2656	9198	10997
Registered non-inpatients	1125	1399	2110	3952	5760	Dermatology clinic attendances	1321	290	0	0	0
Non-inpatient occasions of service	1169	1683	3283	4871	19717	Orthopaedic clinic attendances	1695	851	951	1212	1421
Blood bank attendances	0	268	1095	1117	1207	E.N.T. clinic attendances	545	187	0	0	0
WYOMING HOSPITAL						Dietitian clinic attendances					
Total beds available	55	55	54	54	54	Paediatric attendances	311	110	116	88	185
Total inpatients treated	2149	2485	2592	2497	2462	Oncology attendances	0	0	0	0	327
Daily average occupied beds	37.7	40.5	40.2	40.8	39.6	Occupational therapy attendances	0	0	0	0	0
Adjusted daily average	37.7	40.5	40.2	41.9	41.7	Pathology — number of tests	234223	291407	355171	453560	516616
Average stay of inpatients	13.4	5.8	5.8	6.0	5.9	X-ray examinations	21607	19854	17969	19745	24861
Bed days of inpatients	13753	14579	14910	14909	14450	X-ray attendances	17813	16551	14874	17472	22718
Registered non-inpatients	0	0	0	803	1485	C.S.S.D. packs	470018	472406	482406	629979	803977
Non-inpatient occasions of service	0	0	0	6581	7539						

COMBINED HOSPITALS

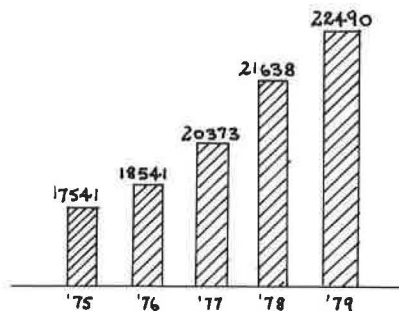
1979	1975	1976	1977	1978	1979
COMBINED HOSPITALS					
228	348	351	347	378	378
17116	17541	18541	20373	21638	22490
1976	1751	1745	1860	1914	1976
200.1	248.4	248.0	262.0	291.5	311.5
284.9	301.9	321.3	336.4	404.7	418.2
4.3	—	—	—	—	—
73049	90666	89263	99070	106399	113703
6583	6140	6213	7651	6528	6583
59357	37424	51303	52052	79276	74717
275236	134652	152720	175914	300724	324199
89208	67867	82894	100809	89082	89208
4608	3832	4328	6054	6253	6984
380	1937	704	487	456	380
2033	1924	1111	611	1655	2033
0	167	38	0	0	0
0	323	70	0	0	0
10997	3218	2543	2656	9198	10,997
0	1321	290	0	0	0
1421	1695	851	951	1212	1421
0	545	187	0	0	0
481	0	0	524	873	481
185	311	110	116	88	185
327	0	0	0	0	327
0	0	37	88	116	146
516616	234223	291407	355171	453560	516616
24861	21607	19854	17969	19745	24861
22718	17813	16551	14874	17472	22718
803977	470018	472406	482406	629979	803977



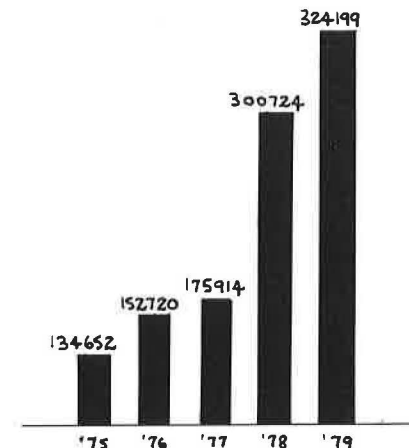
TOTAL BEDS AVAILABLE



ADJUSTED DAILY AVERAGE

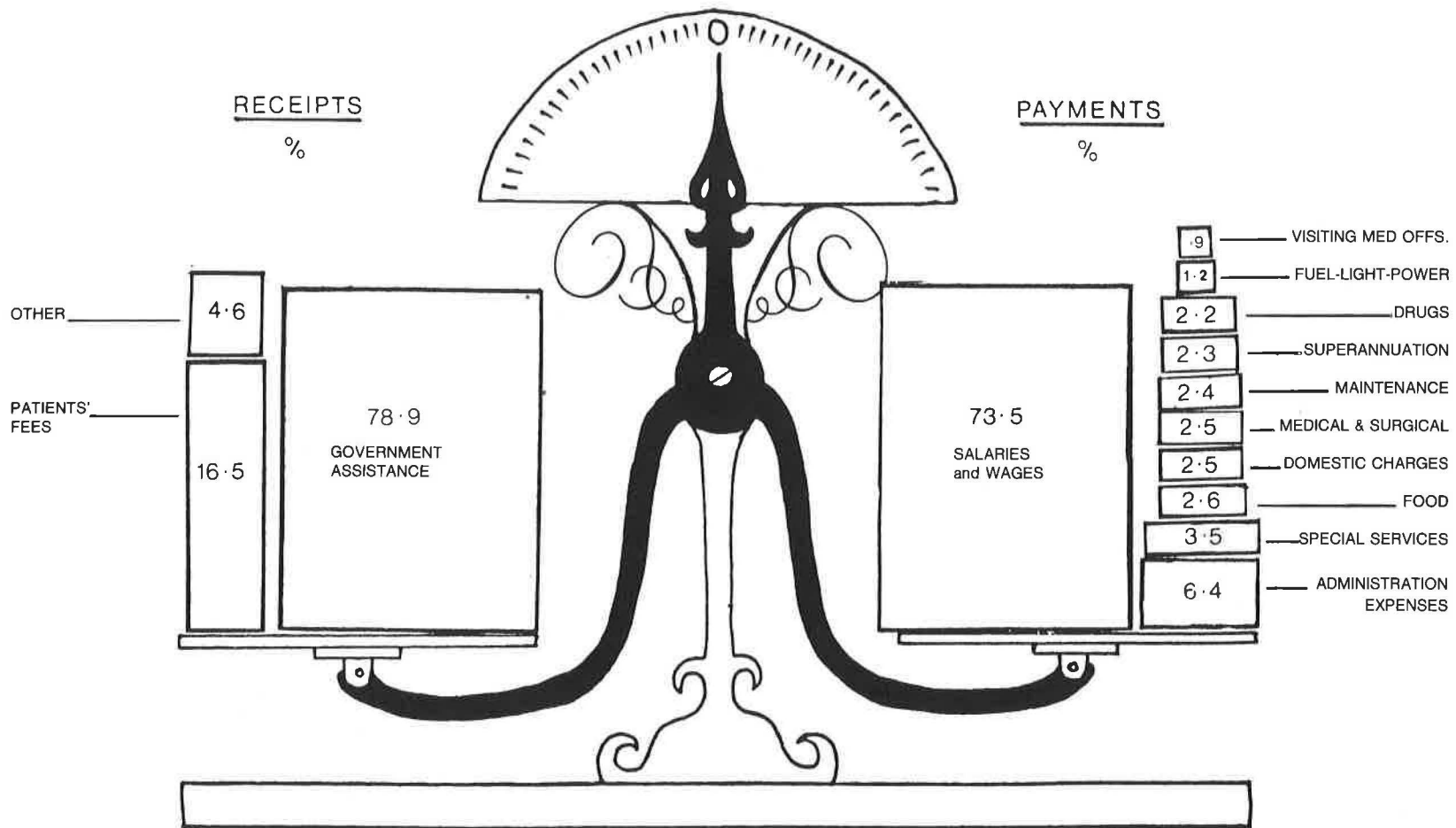


TOTAL INPATIENTS TREATED



TOTAL NON-INPATIENT OCCASIONS OF SERVICE

BALANCING THE HOSPITAL DOLLAR



DONATIONS

	\$				
Anglican Parish Committee	15.00	Hardy's Bay/Kilcare Auxiliary	800.00	Tuggerah Lakes Memorial Club	518.00
Australasian Order of Old Bastards, Tuggerah Lakes Branch	18,000.00	Drs Hendry, Hampson & Schweitzer	15,000.00	Mrs A. Tynan	20.00
Bateau Bay Progress Association	20.00	Mr H. Johnson	100.00	Mr J. Wheeler	5.00
Bateau Bay Womens Bowling Club	150.00	Mr and Mrs V. E. Johnson	5.00	Estate Late Mrs K. White	15,000.00
Miss C. Beattie	40.00	Kincumber Auxiliary	1,250.00	Mrs E. F. Whitfield	10.00
Bellbird Committee	600.00	Mr F. Latarche	22.00	W. D. & H. O. Wills	25.00
A. D. Bower	10.00	Leighton Irwin & Co. Pty Ltd	200.00	Woy Woy Area Workshop	10.00
Mr G. Breene	10.00	Y. Loffhouse	20.00	Woy Woy B.P.W. Club	40.00
Mr Brion	150.00	Mrs McCusker	50.00	Woy Woy Hospital Auxiliary	3,000.00
Mr Brock	5.00	S. McIntyre	500.00	Woy Woy Ladies Indoor Bowls	400.00
Mr C. Brown	1,000.00	Mr H. G. McKenzie	100.00	Woy Woy Rotaract	500.00
Buff Point Senior Citizens	17.00	C. McLean Jones	10.00	Wyong Rotary Club	1,250.00
Mrs M. E. Bumstead	30.00	Estate of Late Alma Mackey	1,500.00	Wyong R.S.L. Sub-Branch	30.00
Mrs O. L. Burnell	250.00	Mangrove Country Club, Narara	50.00	Wyong R.S.L. Womens Bowling Club	10.00
Mrs N. Cassidy	10.00	Mangrove Mt Comm. Group/Lions Club	252.00		
Central Coast Leagues Club	1,200.00	Mrs Marchant	8.00		
Estate Late A. I. Chapman	4,823.85	Mr H. W. Mobberley	10.00		
Estate Late E. H. Chapman	607.92	Miss K. Morris	20.00		
"Children at Risk" Committee	100.00	National Heart Foundation	1,583.00		
Mrs Clifford	126.94	Mr C. Nicholson	10.00		
Combined Pensioners Assoc., Long Jetty	30.00	Order of Eastern Star — Gosford	14.00		
Mrs A. Conroy	10.00	Ourimbah Auxiliary	1,200.00		
Estate Late A. T. Cunningham	18,267.14	Ourimbah Progress Association	10.00		
Mrs I. Davidson	30.00	Pandora Committee	100.00		
F. C. & A. D. Dehn	400.00	Mrs J. Passlow	20.00		
Mrs M. Dinnerville	10.00	Mr & Mrs T. Patience	20.00		
Mrs N. Drinan	5.00	Pink Ladies	600.00		
East Gosford Soccer Club	20.00	I. J. Pitt	20.00		
Empire Bay/Bensville Progress Association	11.50	Pro Campo Limited	25.00		
Mr G. Endean	100.00	Mrs Ritchings	10.00		
Ettalong Auxiliary (including Everglades Charity Day)	3,750.00	Mrs Robin	5.00		
Ettalong Baptist Playgroup	381.42	Mrs Amy Schwartz	50.00		
Mr Fear	25.00	Miss Scott	5.00		
Mrs L. Fountain	200.00	Mr Seip	40.00		
Gaddang Social Club	1,500.00	Seventh Day Adventist Church, Gosford	10.00		
Mrs Gates	50.00	Mr Sikkema	4.00		
Mrs D. Gibson	5.00	Mrs Smiley	20.00		
Mr R. V. Gilchrist	8.00	Mrs M. Smith	10.00		
Golden Hind Bowling Club	22.00	Mr C. Stark	20.00		
Gosford & Dist. Ex-Servicewomens Group	100.00	W. Stitt	6.00		
Gosford High School, Year 12	301.54	Terrigal Lions Club	1,953.00		
Gosford Hospital Auxiliary	4,000.00	The Entrance Lapidary Club	20.00		
Gosford Rangers Soccer Club	20.00	The Entrance Lions Club	1,400.00		
Mrs Graham	36.00	The Entrance Lions Club Ladies	196.80		
Mr J. Grant	20.00	The Entrance Long Jetty Hosp. Aux.	7,901.84		
Mrs Green	10.00	Mr G. Thomson	50.00		
Mrs Gregory	18.00	Toukley R.S.L.	25.00		
Mr Guerin	5.00	Mrs F. I. Traina	20.00		
Mr J. Hallett	10.00	Mr G. W. Twining	20.00		
		Tuggerah Lakes Memorial Club — Billiard & Snooker Section	282.86		
				TOTAL	<u>\$112,877.81</u>

During the year the Central Coast Health Service received many donations in kind by way of paintings, equipment, books, televisions and other useful articles. Donors included:

'A' Riding Co-ordinating Council, Mr W. Barton, Mr A. Bowker, Mr A. Brown, Coastline Cameras, Mrs J. Ferguson, Gosford Lions Club, Mr A. Jackson, Mangrove Mountain R.S.L. Ladies Auxiliary, Mrs A. P. Morton, Pacific Film Laboratories, Mr R. Rosser, Terrigal/Wamberal R.S.L. Women's Auxiliary, Mr G. Torrisi, Mrs G. D. Wilkins, Wyong & District Hospital Committee.

GOSFORD:
 President: Mrs P. Jones
 Secretary: Mrs P. Fripp
 Treasurer: Mrs M. Thompson

OURIMBAH:
 President: Mrs E. Munro
 Secretary: Mrs P. Preston
 Treasurer: Mrs E. Foott

HARDYS BAY:
 President: Mrs P. Woods
 Secretary: Mrs A. Annand
 Treasurer: Mrs K. Tait

**THE ENTRANCE —
 LONG JETTY:**
 President: Mrs M. Morgan
 Secretary: Mrs M. Cardinal
 Treasurer: Mrs I. Rundle

TUGGERAH LAKES:
 President: Mrs R. Wren
 Secretary: Mrs H. Halstead
 Treasurer: Mrs V. Snow

ETTALONG BEACH:
 President: Mrs D. Thomas
 Secretary: Mrs T. Stoddart
 Treasurer: Mrs G. Morgan

KINCUMBER:
 President: Mrs A. Bennett
 Secretary: Mrs J. Johnson
 Treasurer: Mrs K. Wilson

WOY WOY:
 President: Mrs M. Darby
 Secretary: Mrs A. Treliving
 Treasurer: Mrs W. Evans

WYONG:
 President: Mrs I. Booth
 Secretary: Mrs H. Vaughan
 Treasurer: Mrs J. Chapman

PINK LADIES:
 President: Miss B. Daubney
 Secretary: Mrs S. Hunter
 Treasurer: Mrs I. McKinnon



HEAD OFFICE
HEALTH COMMISSION OF N.S.W.
LIBRARY

"Children in Hospital" week — local school children with Sister and play therapist Uncle Max.

APPRECIATION

The Gosford District Hospital and Subsidiaries, the Brisbane Water District Ambulance Service and the Central Coast Community Health Service all wish to record appreciation for the assistance and co-operation which have been received from the following local groups, organisations and individuals:

Shire Community Services of Gosford, Wyong and Woy Woy
Service Clubs and Charities
Local Churches and Clergymen
Country Women's Association
Red Cross Society
Local Press and Radio 2GO
Local Schools
Police Department
Telecom Australia
Meals-on-Wheels Organisations
Kiosk Auxiliary
Hospital Auxiliaries
Pink Ladies' Auxiliary
Day Care Volunteers



Construction is well under way on Stage I of the Wyong Hospital at Kanwal.